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56

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78

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3 4



拍数: 40 墙数: 4 级数: Intermediate 编舞者: Mathew Sinyard (UK) - January 2023 音乐: Mother - Sugarland Intro: 16 Counts Section 1: Step Lock (With Dip), Shuffle Forward, Rock Recover, Shuffle 1/2. Step forward on right, lock left behind dipping down slightly. 3 & 4 Step forward on right, close left towards right, step forward on right. Rock forward on left, recover on to right. 7 & 8 ¼ turn left stepping left to side, close right beside left, ¼ turn left stepping forward left. Section 2: Step Forward, ¼ Back, Chassé, Cross ¼ Back, ¼ Chassé. Step forward on right, ¼ turn right stepping back on left. 3 & 4 Step right to side, close left beside right, step right to side. Cross left over right, ¼ turn left stepping back on right. 7 & 8 1/4 turn left stepping left to side, close right beside left, step left to side. Section 3: Cross Side, Sailor Step, Cross Side, Behind 1/4 Forward. Cross right in front of left, step left to side. 3 & 4 Cross behind left, step left to side, step right to side. Cross left, over right, step right to side. 7 & 8 Cross left behind right, ¼ turn right stepping forward on right, step forward left. Section 4: Side rock, Ball ½ Turn Side Rock, Cross ¼, Shuffle ½. Rock right to right side, recover onto left. & 34 ½ turn right on ball of right, rock left to side, recover on to right. Cross left over right, ¼ turn left stepping back on right. 7 & 8 1/4 turn left stepping left to side, close right beside left, 1/4 turn left stepping forward on left. Section 5: Rock Recover, Ball Rock Recover, Ball Pivot ½, Pivot ½. Rock forward on right, recover on to left. & 34 Step right beside left, rock forward on left, recover on to right. & 56 Step left beside right, step forward on right, pivot ½ turn left. Step forward on right, pivot ½ turn left. Tag 1: At the end of walls 2 & 4 repeat section 5. Tag 2: At the end of wall 5 – Rocking Chair. Rock forward on right, recover on to left. Rock back on right, recover left. Have Fun & Enjoy x. □ Special thanks to My Mother (Caroline Sinyard) for suggesting the music to me.

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