Now I Know Tennessee Tears



拍数: 32 编数: 2 级数: Intermediate

编舞者: Tom Inge Soenju (NOR) - February 2023

音乐: Now I Know - Tennessee Tears



Note: First verse is quiet and not considered (intro). Last verse is also quiet so slow down your movements and I would recommend not doing the triple turn option.

Intro: 32 counts.

Sequence: Repeating sequence. Tag/Restart: 1, 8C tag after wall 3.

End: Music ends at S4C4 [12:00], Pose and smile.

SECTION 1: DIAG ROCK-RECOVER, COASTER STEP, 1/8 R SIDESTEP TURN, BEHIND, 1/8 L CHASSE TURN

10111	
1-2	1/8 L turn rocking RF fwd, Transfer weight onto LF [10:30]
3&4	Step RF back, Step LF beside RF, Step RF fwd (Harder option: Triple full R turn RF-LF-RF)
5-6	1/8 R turn stepping LF to L side, Step RF behind LF (correct yourself to [12:00])
7&8	Step LF to L side, Step RF beside LF, 1/8 L turn stepping LF fwd [10:30]

SECTION 2: DIAG ROCK-RECOVER, 3/8 R SHUFFLE TURN, FULL R TURN (1/2, 1/2), STEP, 1/4 R TURN

1-2	Rock RF fwd, Transfer weight onto LF [10:30]
3&4	1/8 R turn stepping RF to R side, Stepping LF beside RF, 1/4 R turn stepping RF fwd [03:00]
5-6	½ R turn stepping LF back, ½ R turn stepping RF fwd [03:00] (Easier option: Walk fwd LF-RF [03:00])
7-8	Step LF fwd, ¼ R turn stepping RF to R side

SECTION 3: 1/8 CROSS TURN, 1/4 L HITCH RONDEE TURN, SHUFFLE FWD, SIDEROCK, RECOVER, 7/8 L TURN (5/8, 1/4)

(Easier option: Step LF behind RF(7), Rock RF to R side (8) [06:00])		
	7-8	5/8 L turn stepping LF fwd [09:00], 1/4 L turn rocking RF to R side [06:00]
	5-6	Rock LF to L side, Transfer weight onto RF
	3&4	Step RF fwd, Step LF next to RF, Step RF fwd
	1-2	1/8 R turn crossing LF over RF [07:30], Hitch R knee and turn ¼ L on LF [04:30]

SECTION 4: RECOVER, CROSS. SCISSOR STEP. FULL L TURN (1/4, 1/4, 1/4), RECOVER

0L011014 4. NL004 LIX, 0N000, 0010001X 01L1 , 1 OLL L 10N14 (74, 72, 74), NL004 LIX		
1-2	Transfer weight onto LF, Cross RF over LF	
3&4	Step LF to L side, Step RF beside LF, Cross LF over RF	
5-6	$\frac{1}{4}$ L turn stepping RF back, $\frac{1}{2}$ L turn stepping LF fwd, [09:00] (Easier option: Step RF to R side (5), Step LF beside RF (6) [06:00])	
7-8	1/4 L turn rocking RF to R side, Step LF to L side [06:00] (Easier option: Rock RF to R side (7), Transfer weight onto LF (8) [06:00])	

TAG THE TAG COMES AFTER WALL 3. YOU WILL FACE [06:00]

SECTION 1: (DIAG ROCK-RECOVER, COASTER STEP) X2		
1-2	1/8 L turn rocking RF fwd, Transfer weight onto LF [04:30]	
3&4	Step RF back, Step LF beside RF, Step RF fwd	
5-6	Rock LF fwd, Transfer weight onto RF	
7&8	Step LF back, Step RF beside LF, Step LF fwd (you just Rock fwd on RF to restart the dance) [04:30]	

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me: Mail: tom@soenju.dance

Facebook (Tom Inge Sønju): www.facebook.com/tom.soenju Website: www.soenju.dance

Abbreviations: min = minutes, bpm = beats per minute, R = right, L = left, F = foot, fwd = forward, DIAG =

Diagonal

Last Update: 5 Jun 2024