New Day



编舞者: Lacey Key (USA) - February 2023

音乐: New Day - Danny Gokey



Music Available on Amazon and iTunes

Intro: 8 Counts

[1-8] STEP LOCK STEP (R&L), HIP BUMP TOE STRUTS

1&2	Step forward on R, Lock L behind R, Step forward on R
3&4	Step forward on L, Lock R behind L, Step forward on L

5&6 Step R toe forward, thrust R hip forward,7&8 Step L toe forward, thrust L hip forward

[9-16] ROCK FWD, SHUFFLE BACK, ROCK BACK, TRIPLE 1/2 TURN R

.2	Rock forward R, Recover
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3&4 Shuffle back R,L,R5,6 Rock back L, Recover R

7&8 Step forward L while turning 1/2 turn to R, (6:00) L,R,L

[17-24] WALK BACK, HIP ROLLS (HIP DIPS) w/BUMPS (x2)

1-4	Walk back R.L.R.L
1 -4	Walk back R.L.R.L

5,6 Step R to Right while rolling hips from L to R, Bump L hip up L (12:00) 7,8 Roll hips from R to L transferring weight to L, Bump R hip up R (12:00)

[25-32] CROSS POINT, 1/4 TURN R JAZZ BOX

1,2	Cross R slightly in front of L, Point L toe to side
3,4	Cross L slightly in front of R, Point R toe to side

5-8 Cross R over L, Step back L, and turn 1/4 to R, Step L beside R

BEGIN AGAIN!! NO TAGS, NO RESTARTS!! HAVE FUN!!

Big shout out to my friends at The Brick House Lounge in Surfside Beach, SC for helping me film this dance. You guys are awesome!! Thank you for all your support. I appreciate you all so much!! I had a great time dancing with you, and I hope we can film more dances together in the future.

^{*}Dance should end facing 12:00 at the end of Section 2