Locked Away

拍数: 32

级数: Improver

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音乐: Locked Away (feat. Adam Levine) - R. City

Start dancing on the vocal - Start with weight on L foot

***3 Tags (end of walls 1, 4, 8)

(1-8) WALK 2X, SHUFFLE FORWARD RIGHT, ROCK FORWARD LEFT, SHUFFLE FORWARD

- 1/2TURNLEFT
- 12 Walk forward RL
- 3&4 Step RF forward, Close LF next to RF, Step RF forward
- 5 6 Rock LF forward, Recover onto RF
- 7&8 Turn 1/2 L stepping LF forward, Close RF next to LF, Step LF forward

(9-16) SWAYS 2X, CHÀSSE RIGHT, SWAYS 2X, CHÀSSE LEFT

- 1 2 Step RF to R and sway RL
- 3&4 Step RF to R, Close LF next to RF, Step RF to R
- 5 6 Step LF to L and sway LR
- 7&8 Step LF to L, Close RF next to LF, Step LF to L

(17-24) ROCK FORWARD RIGHT, COASTER STEP RIGHT, ROCK FORWARD LEFT, SAILORSTEP1/4 TURN L

- 1 2 Rock RF forward, Recover onto LF
- 3&4 Step RF back, Close LF next to RF, Step RF forward
- 5 6 Rock LF forward, Recover onto RF
- 7&8 Turn 1/4 L sweeping LF cross behind RF, Step RF to R, Step LF to L slightly forward

(25-32) CROSS MAMBO 2X, SWAYS 4X

- 1&2 Cross rock RF over LF, Recover onto LF, Close RF next to LF
- 3&4 Cross rock LF over RF, Recover onto RF, Close LF next to RF
- 5-8 Step RF to R and sway RLRL

TAG (4 count): OUT OUT IN IN

- 1 2 Step RF forward diagonally R, Step LF forward diagonally L
- 3 4 Step RF back to center, Step LF next to RF

Get your groove on and happy dancing!

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Last Update: 31 Mar 2024





墙数:4