Oklahoma Breakdown (P)



音乐: Oklahoma Breakdown - Toby Keith



Or any song with similar BPM. (102 -108)

Intro: 16

Start: Two - hand hold position (Man's RT hand, Woman's LT hand) or side by side. Man's footwork

described. Woman's footwork opposite on outside position.

Man starts with weight on left foot. Woman starts with weight on right foot.

[1-8] PIVOT ½ TURN, SHUFFLE FORWARD, PIVOT ½ TURN SHUFFLE FORWARD.

1-2	Step RF forward drop hands, Pivot half turn LT hold hands.
3&4	Step RF forward, step LF next to RF, step RF forward.
5-6	Step LF forward drop hands, Pivot half turn RT hold hands.
7&8	Step LF forward, step RF next to LF, step LF forward.

[9-16] 1/4 TURN GRAPEVINE RT, GRAPEVINE LT.

1-2-3-4 Step RF out making ¼ turn LT reaching back with LT hand to connect with partners RT hand,

Step LF behind RF, step RF out to RT, touch LF next to RF.

5-6-7-8 Step LF out to LT, step RF behind LF, step LF out to LT, touch RF next to LF dropping the LT

hand.

[17-24] 1/4 TURN SHUFFLE, SHUFFLE, SHUFFLE, SHUFFLE.

Feel free to add turns.

1&2 Step RF out making ¼ turn RT, step LF next to RF, step RF forward.

Step LF forward , step RF next to LF, step LF forward.
Step RF forward, step LF next to RF, step RF forward.
Step LF forward , step RF next to LF, step LF forward.

[25-32] CROSS ROCK, COASTER, CROSS ROCK, COASTER.

1-2 Cross RF over LF, recover on LF.

3&4 Step RF next to LF, step LF forward, step RF next to LF.

5-6 Cross LF over RF, (Optional: high five or kiss your sweetheart.) Recover on RF.

7&8 Step LF next to RF, step RF forward, step LF next to RF.

Have fun with it! Send any questions to Pistoias@ymail.com