Up the Creek

拍数: 64

级数: Improver

编舞者: Rob Fowler (ES) - March 2023

音乐: Creek Will Rise - Conner Smith

Intro: 32 counts (approx. 11 secs)

S1: Side, Touch, Side, Kick, Behind, Side, Cross, Hold

- 1,2,3,4 Step R to R side, touch L next to R, step L to L side, low kick R to R diagonal
- 5,6,7,8 Step R behind L, step L to L side, cross step R over L, hold 12:00

S2: Side, Touch, Side, Kick, Behind, Side, Cross, Hold

- 1,2,3,4 Step L to L side, touch R next to L, step R to R side, low kick L to L diagonal
- 5,6,7,8 Step L behind R, step R to R side, cross step L over R, hold 12:00

RESTART: During WALL 3 please RESTART here facing 6:00

S3: Chase ½ Turn L, Hold, ½ Turn R, ¼ Turn R, Cross, Hold

- 1,2,3,4 Step forward on R, make ¹/₂ turn L (weight on L), step forward on R, hold 6:00
- 5,6 Make 1/2 turn R stepping back on L, make 1/4 turn R stepping R to R side 3:00
- 7,8 Cross step L over R, hold

S4: Rumba Box Back, Hold, Rumba Box Forward, Hold

- 1,2,3,4 Step R to R side, step L next to R, step back on R, hold
- 5,6,7,8 Step L to L side, step R next to L, step forward on L, hold 3:00

S5: Heel, Together, Heel, Together, Modified Monterey ¼ Turn R

- 1,2,3,4 Touch R heel forward, step R next to L, touch L heel forward, step L next to R
- 5,6 Touch R out to R side, make ¼ turn R stepping R next to L
- 7,8 Touch L out to L side, low kick L forward 6:00

S6: Jazz Box With Touch, Side, Hook, Side, Hitch

- 1,2,3,4 Cross step L over R, step back on R, step L to L side, touch R next to L
- 5,6 Step R to R side, hook L behind R (option: tap L heel with R hand as you hook)
- 7,8 Step L to L side, hitch R 6:00

S7: Grapevine R With Scuff, Grapevine L With Scuff

- 1,2,3,4 Step R to R side, step L behind R, step R to R side, scuff L forward
- 5,6,7,8 Step L to L side, step R behind L, step L to L side, scuff R forward 6:00

S8: Walk Back R, L, R, Touch L, Hip Bumps, Brush ¼ Turn L

- 1,2,3,4 Walk back R, walk back L, walk back R, touch L slightly in front of R
- 5,6,7 Rock forward onto L, rock back onto R, rock forward onto L
- 8 Brush R forward making ¼ turn L (weight on L) 3:00

Start Over





墙数:4