

# Cola Song

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Benjamin Harris (AUS) - March 2023  
音乐: Cola Song (feat. J Balvin) - Inna



**Starting position: Feet Together, Weight on Left Intro: 16 Counts**

**Walk Forward, Forward, Touch Behind, Back Sweep, Back Sweep, Back Sweep, ½ Turn Back, Touch Across**

1,2,3      Step R forward, Step L forward, Touch R behind L  
4,5      Step R back sweep L from front to back, Step L back sweep R from front to back  
6,7,8      Step R back sweep L from front to back, ½ turn L stepping L back, Touch R across in front of L (10:30)

**Forward, Lock, Step-Lock-Step, Rock Across, Recover, ½ Turn Side Shuffle**

1,2      Step R forward, Lock L behind R  
3&4      Step R forward, Lock L behind R, Step R forward  
5,6      Rock L across in front of R, Recover back R  
7&8      ½ turn L stepping L to L side, Step R beside L, Step L to L side (9:00)

**Across, Hold, Together-Behind, Side, Rock Across, Recover, Full Turn Roll Side**

1,2      Step R across in front of L, Hold  
&3,4      Step L slightly to L side, Step R behind L, Step L to L side  
5,6,7,8      Rock R across in front of L, Recover L back, Full turn R side stepping R L (9:00)

**Side, Hold, Together-Side, Touch, Rock Side, Recover-Together-¼ Forward, Forward**

1,2      Step R to R side, Hold  
&3,4      Step L together, Step R to R side, Touch L beside R  
5,6&      Rock L to L side, Recover R side, Step L together  
7,8      ¼ R stepping R forward, Step L forward \*\* (12:00)

**Rock Forward, Recover, Full Turn Triple Step, Rock Forward, Recover, ½ Turn Shuffle**

1,2      Rock R forward, Recover L back  
3&4      Full turn R triple step feet together stepping R-L-R (12:00)  
5,6      Rock L forward, Recover R back  
7&8      ½ turn L stepping L forward, Step R together, Step L forward (6:00)

**Full Turn Roll Forward, Shuffle Forward, Rock Forward, Recover, Coaster Across**

1,2      Full turn L forward stepping R L ^ (6:00)  
3&4      Step R forward, Step L together, Step R forward  
5,6      Rock forward L, Recover back R  
7&8      Step L back, Step R together, Step L across in front of R (6:00)

**Side, Hold, Rock Behind, Recover, ¼ Forward, Sweep, Across, Side**

1,2,3,4      # Step R to R side, Hold, Rock L behind R, Recover forward R  
5,6      ¼ L stepping forward L, Sweep R from back to front (3:00)  
7,8      Step R across in front of L, Step L to L side (3:00)

**Behind, Sweep, Behind, ¼ Forward, Forward, Hold, Together-Forward, Touch**

1,2      Step R behind L, Sweep L from front to back  
3,4,5,6      Step L behind R, ¼ turn R stepping R forward, Step L forward, Hold  
&7,8      Step R together, Step L forward, Touch R beside L

**Tags: At the end of walls 1 and 3, repeat the last 16 counts of the dance (from #)**

estarts: Walls 2 and 4, dance up to count 32 (\*\*) and restart the dance

Tag/Restart: Wall 6, dance up to count 42 (^), add Step forward R, Step forward L, then restart the dance

Contact: [ben.harris245@gmail.com](mailto:ben.harris245@gmail.com) Enjoy! :-)

Free to be copied provided no changes are made to the original choreography.

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