

Oh Those Russians

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4
编舞者: Kyle James (USA) - March 2023
音乐: Rasputin - Boney M. & G. Mart



This dance is a columned barn style contra. One column will start facing the front end of the long length of the room, each alternating column will face the back end of the long length of the room. Each column will have a column to their right facing the opposite direction which they will pass through during the 2nd count of 8 between counts 3-6.

Dance starts 40 counts into song:

#3 counts of 8 of drums and claps

#2 counts of 8 of guitar

At the start of the 6th count of eight when the guitar starts the main melody the dance starts.

#1st Count of 8: Shuffle Step, Stomp Clap Clap, Heel and Heel, Clap Clap

1&2 RF step forward, LF step together, RF step forward
3&4 *LF stomp, clap, clap
5, 6 **RF touch heel, RF step together
7&8 LF touch heel, clap, clap

#2nd Count of 8: Pivot Rock, Shuffle Step, Shuffle Step, Heel and Heel,

1, 2 weight to LF ¼ turn to left (9:00), RF forward ½ turn to left (3:00) weight to RF
3&4 ***LF step forward, RF step together, LF step forward
5&6 RF step forward, LF step together, RF step forward
7&8& LF touch heel, LF step together, RF touch heel, RF step together

#3rd Count of 8: Cross, Side, Sailor Turn, Shuffle Step, Hitch Turn

1, 2 LF step cross, RF step side
3&4 LF step cross behind, RF step together ¼ turn left (12:00), LF step forward
5&6 RF step forward, LF step together, RF step forward
7, 8 LF step forward, RF knee hitch up with ¼ turn left (9:00)

#4th Count of 8: Side, Sailor Turn, Rock, Shuffle Step, Shuffle Step

1,2& RF step side, LF cross behind, RF step together ¼ turn to left (6:00)
3, 4 LF touch heel, rock onto LF.
5&6 RF step forward, LF step together, RF step forward
7&8 LF step forward, RF step together, LF step forward

Tags:-

Occur at the end walls 6, 10, 15, and 16 (i.e. the end of each chorus)

1, 2 RF forward, ½ turn left weight to LF
3, 4 RF forward, ½ turn left weight to LF

Optional Variations

*3&4: stomp both feet together down into a squat and hold the squat for two claps.

**5&6: If in squat position, jump up to RF heel touch, then back to squat, then up to LF heel touch

***3&4: on count 4 draw the RF in to start a post turn, ending a 360 turn to the right as you take the first step forward with the RF on count 5