

Stronger in My Mind

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Advanced - Rolling 8
编舞者: Raymond Sarlemijn (NL) & Roy Verdonk (NL) - March 2023
音乐: Stronger - Thunderstorm Artis



Special thanks to Pim van Grootel for the music suggestion

Intro: 8 counts

SEC 1 TURN BODY 1/2R, FULL TURN LEFT HITCH AND PASS, RECOVER AND HITCH, WEAWE, STEP AND HOOK, RIGHT SAILOR, TOUCH BEHIND

- 1 Feet apart with both arms on the side and rotate upper body 1/2R
- 2a Full turn left with RF hitch around to front, Press RF fwd (6)
- 3a Recover on LF with RF hitch around to back, Step RF behind LF
- 4&a5 Step LF to side, Step RF across, Step LF to side, Step RF across and sweep LF to back
- 6a7 Step down LF 1/4R and hook RF in front, 1/4R Step RF fwd, 1/2R Step L back and sweep RF to back (3)
- 8&a1 Step RF behind, Step LF to side, Step RF to side, Touch LF behind RF

SEC 2 1/4L ROCK, 1/2R AND HITCH, COASTER 1/2R, MAMBO 1/2L, RIGHT TWINKLE, 1/2R POINT

- 2a3 1/4L Step LF fwd and raise right arm fwd, Recover on RF, LF step back 1/2R and RF hitch around to back (6)
- 4a5 Step RF back, Step LF next to RF, 1/2R Step RF fwd (12)
- 6a7 Rock LF fwd, Recover on RF, 1/2L Step LF fwd and sweep RF to front (6)
- 8&a1 Cross RF over LF, Rock LF to side, Recover on RF, 1/2R Point LF to side (12)

SEC 3 CROSS, 1/4L BACK HOOK, STEP 1/2R HOOK, FULL UNWIND LEFT, JAZZBOX

- 2a3 Cross LF over RF, 1/4L Step RF back, Step LF back and hook RF in front (9)
- 4a5 Step RF fwd, 1/2R Step LF back, Step RF back and hook LF in front (3)
- 6&a7 Step LF fwd, 1/4L Step RF to side, Touch LF behind, Unwind 3/4L and sweep RF to front (3)
- 8&a1 Cross RF over LF, Step LF back, Step RF to side, Step LF to side

SEC 4 STOMP BALL STEP FORWARD, 1-1/4R TURN, BALL STEP FULL TURN LEFT, SLAP SLAP CLAP

- 2a3 Stomp RF and raise right arm fwd, Step RF in place and step LF fwd
- 4a5 Pivot 1/2R Step RF fwd, 1/2R Step LF back, 1/4R Step RF to side (6)
- a6a7 Step LF in place, Step RF fwd, Pivot 1/2L Step LF fwd, 1/2L Step RF to side
- 8&a Slap right thigh with right hand, Slap left thigh with left hand, Clap hands in front of chest

Have fun!

Bridge: 6 counts at wall 2: after count 29,
Walk around to left and make a full circle.

- 1 2 3 Walk in curve R-L-R make 1/2L
- 4 5 6 Walk in curve L-R-L make 1/2L

continue

- 8&a Slap right thigh with right hand, Slap left thigh with left hand, Clap hands in front of chest