Underdog

COPPER KNOB

拍数: 32

级数: Advanced

编舞者: Hiroko Carlsson (AUS)

音乐: Underdog - Valley Of Wolves : (Spotify/Apple Music/Deezer)

墙数:4



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 16 counts)

[S1] Back-Lock-Back w/ Sweep 1/4R, Sailor-Point-Ball, Cross Shuffle-Ball-Heel Grind 1/4L-Side-Behind-Side Rock 1&2 Step back on L, Lock R over L, Step back on L sweeping R around and start making a ¼ turn right (3:00) 3&4& Step R behind L, Step L to the side, Point R to the side, Ball step R in place 5&6& Cross L over R, Step R close to L, Cross L over R, Ball step R close to L

- 7& L heel grind making a ¼ turn left (12:00), Step R to the side
- 8&1 Step L behind R, Rock R to the side, Replace weight on L

[S2] Behind-1/4L-Fwd w/ Lift 1/2L, Fwd-Fwd, Rocking Chair, Fwd-1/2R Close-Tap-Ball

- 2& Step R behind L, Make a ¼ turn left stepping forward on L (9:00)
- 3 Step forward on ball of R making a ½ turn left/lifting L foot forward
- 4& Run forward on L-R
- 5&6& Rock forward on L, Replace weight on R, Rock forward on L, Replace weight on R
- 7 Step forward on L making a ¹/₂ turn right/dragging R close to L (9:00)
- 8& Tap R next to L, Step forward on R

[S3] Fwd w/ Sweep, Cross-Side-Behind Rock-Side-Together-1/4R, Full Turn-Step-Pivot 1/4R-Cross-Side

- 1 2& Step forward on L sweeping R around, Cross R over L, Step L to the side
- 3&4& Rock R behind L, Replace weight on R, Step R to the side, Step L next to R
- 5 Make a ¼ turn right stepping forward on R (12:00)
- 6& Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R
- 7& Step forward on L, Make a ¼ turn right recover weight on R (3:00)
- 8& Cross L over R, Step R to the side

[S4] Behind w/ Sweep, Behind-1/4L-Fwd Rock-1/2R Run-Run, Step-Pivot, Chase Turn 1/2L-3/4L Sweep

- 1 Step L behind R sweeping R around
- 2& Step R behind L, Make a ¼ turn left stepping forward on L (12:00)
- 3& Rock forward on R, Replace weight on L making a ½ turn right (6:00)
- 4& Run forward on R-L
- 5 6 Step forward on R, Make a ½ turn left recover weight on L (12:00)
- 7& Step forward on R, Make a ¹/₂ turn left recover weight on L (6:00)
- 8 Make a ¼ turn left stepping back on R continue making a ½ turn left/sweeping L around (9:00)

2 counts Tag (12:00): At the end of Wall 4: Reverse Rocking Chair

Ending suggestion: The last wall starts at 6:00 o'clock. Dance until S4 count 6 (6:00), then change to "Chase Turn 1/2L-Run-Run-Run" to the front.

(updated: 26/Feb/23)