A Little Whistle

拍数: 32

级数: Absolute Beginner

编舞者: Myra Harrold (SCO) - March 2023

音乐: Whistle - Jax Jones & Calum Scott

INTRO: 16 COUNTS. NO TAGS NO RESTARTS

SECT:1. 2 STEPS FWD, MAMBO FWD, 2 STEPS BACK, MAMBO BACK

- Walk Fwd Rf, Lf, Rock Rf Fwd, Recover To Lf, Rf Back. (12) 1,2,3&4.
- 5,6,7&8. Walk Back Lf, Rf, Rock Lf Back, Recover To Rf, Lf Fwd. (12)

SECT:2. SCUFF STEP BACK, L POINT, TOGETHER, R POINT, TOUCH, POINT, TOUCH

- 1,2,3,4. Rf Scuff Fwd, Rf Step Back, Point Lf To L, Step Lf Beside Rf. (12)
- 5,6,7,8 Point Rf To R, Touch Rf To Lf, Point Rf To R, Touch Rf To Lf. (12)

SECT:3. GRAPEVINE R, GRAPEVINE L WITH ¼ TURN L

- Rf To R,Lf Behind Rf,Rf To R,Touch Lf To Rf. (12) 1,2,3,4.
- 5,6,7,8. Lf To L,Rf Behind Lf,Turn 1/4 L,Lf Fwd,Touch Rf To Lf. (9)

SECT:4. JUMP FWD, JUMP BACK, JUMP FWD, CIRCLE HIPS ANTI CLOCKWISE

- &1,2&3,4 Small Jump Fwd Rf,Lf (Shoulder Width Apart) Hold,Small Jump Back Rf,Lf,Hold, (9)
- &5,6,7,8. Small Jump Fwd Rf, Lf, Hold, Full Circle Of Hips Anti Clockwise (9)

During Last Sect On Counts 5,6,7,8. Put Both Hands On Heart



墙数:4