

Gonna Catch Me A Rat

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Sharon Fromow (CAN), Rob Fowler (ES) & I.C.E. (ES) - March 2023
音乐: Gonna Catch Me A Rat - Milt Trenier



Rock & Roll – Intro: 32 counts (approx. 14 secs) – Start on vocals

S1 Right Side Toe Strut, Left Cross Toe Strut, Side Rock, Recover, Cross, Hold

1,2,3,4 Step R toe to R side, Drop R heel to floor, Cross step L toe over RF, Drop L heel to floor
(Option for during the toe struts: put arm out to side in direction of travel)
5,6,7,8 Rock RF to R side, Recover onto LF, Cross step RF over LF, Hold 12:00

S2 Left Side Toe Strut, Right Cross Toe Strut, Side Rock, Recover, Cross, Hold

1,2,3,4 Step L toe to L side, Drop L heel to floor, Cross step R toe over LF, Drop R heel to floor
(Option for during the toe struts: put arm out to side in direction of travel)
5,6,7,8 Rock LF to L side, Recover onto RF, Cross LF over RF, Hold

S3 Side, Touch, Side, Touch, Right Rocking Chair

1,2,3,4 Step RF to R side, Touch LF beside RF clapping hands to the R side, Step LF to L side,
Touch RF beside LF clapping hands to L side
5,6,7,8 Rock forward on RF, Recover weight to LF, Rock back on RF, Recover weight to LF

S4 Small Jump Fwd R,L, Small Jump Back R,L, Walk Back R, L, Rock Back, Recover

&1,2 Jump forward RF, Jump forward LF, Hold
&3,4 Jump back RF, Jump back LF, Hold
5,6,7,8 Walk back R, Walk back L, Rock RF back, Recover weight onto LF

RESTART: During WALL 3 (6:00) and WALL 6 (12:00), dance up to and including count 32 then RESTART.

S5 Stomp Right Forward, Fan Toes, Stomp Left Forward, Fan Toes

1,2,3,4 Stomp RF forward toes pointing in, Fan toes out, in, out (transferring weight to RF on count 4)
5,6,7,8 Stomp LF forward toes pointing in, Fan toes out, in, out (transferring weight to LF on count 8)

S6 Step RF Forward, Step LF Forward ¼ Left, Run Forward R,L,R,L Turning ½ Left

1,2,3,4 Step RF forward, Hold, Step LF forward turning ¼ L, Hold 9:00
5,6,7,8 Make ½ turn left running forward R, L, R, L 3:00

Start Over

ENDING: At the end of wall 7 facing 3 o'clock repeat section 5

Stomp Right Forward, Fan Toes, Stomp Left Forward, Fan Toes

1,2,3,4 Stomp RF forward toes pointing in, Fan toes out, in, out (transferring weight to RF on count 4)
5,6,7,8 Stomp LF forward toes pointing in, Fan toes out, in, out (transferring weight to LF on count 8)

Cross and unwind to the front with jazz hands as the song plays out