# It's a Beautiful Day



编舞者: Hiroko Carlsson (AUS) - March 2023

音乐: Beautiful Day (Thank You for Sunshine) - Trinix, Rushawn & Jermaine Edwards



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Dance starts on the word "Sunshine")

#### [S1] Back w/ Hitch, Behind-Side-Cross w/ Sweep, Cross Rock-3/8R, Full Turn-Step-Pivot 1/2R-Fwd-Fwd

1&2&	Step back on R, Hitch L knee to the side, Step L behind R, Step R to the side
3&4&	Cross L over R, Sweeping R around, Rock/cross R over L, Replace weight on L

5 Make a 3/8 turn right stepping forward on R (4:30)

6& Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R (4:30)
7&8& Step forward on L, Make a ½ turn right recover weight on R (10:30), Run forward on L-R

## [S2] Fwd Rock-Touch-Unwind 1/2L-Fwd-Step-Pivot 1/2R-Fwd, Fwd Rock-Touch-Unwind 1/2R-Fwd-Step-Pivot 5/8L-Point

1& Rock forward on L, Replace	weight on R
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2& Touch L back, Unwind turn ½ left weight ends on L (4:30)

3& Step forward on R, Step forward on L

4& Make a ½ turn right recover weight on R (10:30), Step forward on L

5& Rock forward on R, Replace weight on L

6& Touch R back, Unwind turn ½ right weight ends on R (4:30)

7& Step forward on L, Step forward on R

8& Make a 5/8 turn left recover weight on L (9:00), Point R to the side

-Restart here on Wall 3 and Wall 6

#### [S3] Back Rock, Hinge 1/2L Turn, Weave L, Cross Rock-1/4 Shuffle Fwd, 1/4R-Together-Fwd

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1&	Rock back on R. Replace weight on I
1 A.	ROCK DACK OD R. REDIACE WEIGHT OD I

2& Make a ¼ turn left stepping back on R, make a ¼ turn left stepping back on R (3:00)

3&4& Cross R over L, Step L to the side, Step R behind L, Step L ton the side

5& Rock/cross R over L, Replace weight on R

Step R to the side, Step L next to R, Make a ¼ turn right stepping forward on R (6:00) Step forward on L, Make a ¼ turn right stepping R together (9:00), Step forward on L

### [S4] Step-Pivot 1/4L-Cross, Reverse Lock Turn w/ Cross, Triple 3/4L w/ Cross, Side-Touch-Side

1&2 Step forward on R, Make a ¼ turn left recover weight on L (6:00), Cross R over L

#### -Making a full circle shape R (back-lock steps while turning right) from count 3 to 5

Make a ¼ turn right stepping back on L, Make a 1/8 turn right stepping/lock R over L (10:30)

Make a ¼ turn right stepping back on L, Make a 1/8 turn right stepping/lock R over L (3:00)

Make a ¼ turn right stepping back on L, Cross R over L slightly dipping down (6:00)

Make a ¾ triple turn left on the spot stepping L-R-L crossing R over L on count 7 (9:00)

&8& Step R to the side, Touch L next to R, Step L to the side

Restart on Wall 3 count 16 (3:00) and Wall 6 count 16 (6:00)

Ending suggestion: The last is wall 7, starting at 6:00 o'clock. Dance up to S2 count 6& (10:30). Make a ¾ turn left stepping forward on L (6:00), Step-Pivot 1/2L (12:00).

(updated: 26/Feb/23)

