# **Get Ready Black Betty**



编舞者: Cassie Topliss (UK) - March 2023

音乐: Get Ready (feat. Blake Shelton) - Pitbull



### Intro: 32 counts.

Touch Right foot to the side	. forward.	side.	. flick behind.	grapevine to the right.
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1-2	Touch Right foot to the right side, touch Right foot forward-slightly across the Left foot	t
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Touch Right foot to the right side, flick the Right foot behind the Left leg.
Step to the right on the Right foot, cross-step Left foot behind the Right.
Step to the right on the Right foot, place Left foot beside the Right.

## Touch Left foot to the side, forward, side, flick behind, side shuffle to the left, rock back.

1-2 Touch Left foot to the left side, touch Left foot forward-slightly across the Right fo	1-2	Touch Left foot to the left si	de touch Left foot forw	ard-slightly across the Right fo
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3-4 Touch Left foot to the left side, flick the Left foot behind the Right leg.

5&6 Step to the left on Left foot, step on the Right foot beside the Left, step to the Left side on the

Left foot.

7-8 Rock back on the Right foot, recover weight on Left foot.

### Side shuffle to the right, rock back, kick ball change, shuffle ½ turn.

1&2	Step to right on Right foot, step on Left foot beside the Right, step to right side on Right foot.

3-4 Rock back on Left foot, recover weight on the Right foot.

5&6 Kick Left foot forward, step down on Left foot beside Right, step forward on Right foot.

7&8 Shuffle back on Left-Right-Left making ½ turn over the Left shoulder.

### Sweep Right foot back slowly, sweep Left foot back slowly, rock back, walk forward 2 steps.

Sweep Right foot from front to back, step back on the Right foot.Sweep Left foot from front to back, step back on the Left foot.

5-6 Rock back on Right foot, recover weight on Left foot.

7-8 Step forward on the Right foot, step forward on the Left foot.

Add some extra flair to the dance with claps on the 2 walks forward at the end! Hope you enjoy!

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