Easy Strolling

拍数: 32	**墙数:** 4	**级数:** Absolute Beginner / Beginner
编舞者: Ira Weisburd (USA) - March 2023		
音乐: Easy Strolling (out of print)*		

Choreographed by: Ira Weisburd (USA) 1982/2023

Introduction: 16 counts. Start @ approx. 10 sec.
NO TAGS !! NO RESTARTS !!
* For Special Track, Email: dancewithira@comcast.net

PART I. (FORWARD, LOCK, STEP, HOLD; FORWARD, LOCK, STEP, HOLD)
1-2	Step R diagonally forward (1:30), Step L behind R
3-4	Step R forward, Hold
5-6	Step L diagonally forward (10:30), Step R behind L
7-8	Step L forward, Hold

PART II. (ROCKING CHAIR; JAZZ 1/4 R TURN, HOLD)
1-2	Step R forward, Recover back onto L
3-4	Step R back, Recover forward onto L
5-6	Step R across L, Step L back making 1/4 R Turn (3:00)
7-8	Step R to R, Hold

PART III. (CROSS, SIDE, BACK, SIDE; CROSS, SIDE, BACK, SWEEP)
1-2	Step L across R, Step R to R
3-4	Step L back, Step R to R
5-6	Step L across R, Step R to R
7-8	Step L back, Sweep R (from front to back0

PART IV. (BACK, SIDE, CROSS, SIDE; BACK, SIDE, CROSS ROCK, RECOVER)
1-2	Step R back, Step L to L
3-4	Step R across L, Step L to L
5-6	Step R back, Step L to L
7-8	Step R across L, Recover back onto L

REPEAT DANCE.

Last Update: 31 Mar 2023