Right In The Middle



编舞者: Debbie Rushton (UK) - March 2023 音乐: Right In The Middle - John Morgan



Count In: Immediately on lyrics. There is no count in so be ready!

SWEEP, BEHIND ¼ TURN, NC2 BASIC, ¼ TURN ¼ TURN CROSS 1 ¼ TURN

1 2& Step back on L as you sweep R around, Cross R behind L, Make ¼ L stepping L forward

Make ¼ turn L stepping R to R side, Step L beside R, Cross R over L

Make ¼ turn R stepping back on L, Make ¼ turn R stepping R to R side

7&8& Cross L over R, Make ¼ L stepping R back, Make ½ turn L stepping L forward, Make ½ turn

L stepping R back

BACK ROCK ½ TURN, BACK ROCK ¼ TURN, BACK ROCK ¼ LUNGE, 1 ½ TURN

1&2	Rock back on L, Recover forward onto R, Make ½ turn R stepping L back
3&4	Rock back on R, Recover forward onto L, Make 1/4 turn L stepping R to R side
5&6	Rock back on L, Recover forward onto R, Making ¼ turn R lunge L out to L side
7&8&	Make ¼ turn R stepping R forward, Make ½ turn R stepping back on L, Make ½ turn R

stepping R forward, Make 1/4 turn R stepping L to L side

BACK ROCK ½ HINGE TURN, SIDE CROSS SIDE, BACK ROCK ½ HINGE TURN, SIDE CROSS SIDE BEHIND

400	D 1 D 1 1 1 1 1		0' 0' 0'	1 11' 4/4
1&2	Rock R behind L, I	Recover forward onto L,	Step R to R diagor	nal and hinge ½ turn over L

shoulder lifting L leg off the floor slightly

3&4 Step L to L side, Cross R over L, Step L to L side

Rock R behind L, Recover forward onto L, Step R to R diagonal and hinge ½ turn over L

shoulder lifting L leg off the floor slightly

7&8& Step L to L side, Cross R over L, Step L to L side, Cross R behind L

SWAY, SWAY SWAY, 1/4 TURN, CHASE TURN, FULL TURN ROCK RECOVER

12& Step L out to L side and sway body L, sway body R, L

3 4 Sway body R and make ¼ turn R stepping R forward, Step L forward

5&6 Step R forward, Pivot ½ turn L, Step R forward (prep to turn R)

7&8& Make ½ turn R stepping back on L, Make ½ turn R stepping R forward, Rock forward on L,

Recover back onto R

NO TAGS, NO RESTARTS, ENJOY!! □

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