

# No Body But Yours (Social Dance)

**COPPER** KNOB  
BY SHEETS

拍数: 16      墙数: 4      级数: Beginner  
编舞者: Lynn Funk (USA) - March 2023  
音乐: No Body - Blake Shelton



Dance starts on vocals about 16 counts from start of music.

## Toe Tap, Back Heel, Rock/Recover, Right Shuffle Fwd (RLR)

1-4      Step RF Forward, Tap L Toe Behind RF, Step Back on LF, Tap R Heel Forward  
5-6      Rock Back on RF, Recover on LF,  
7&8      Shuffle Forward (RLR)

## Side Switches, Left Heel Hook, Left Shuffle Forward (LRL), Pivot Left 1/4, Stomp LF

1&2&      Point L Toe to Left, Return LF Next to RF, Point R Toe to Right, Return RF Next to LF  
3-4      Tap L Heel Fwd, Hook LF over RF  
5&6      Shuffle Forward (LRL)  
7-8      Step RF Forward, Pivot 1/4 Stomp LF (or Step LF) (9:00)

Restart Dance. No Tags No Restarts.

This dance with this song was created by request from my dancing friends Mike and Barb S.  
It needed to be a very easy social dance, with no tags, no restarts. Enjoy!  
Thank you J Nichols for recommending the song "God Bless Texas" by Little Texans for this dance.

Contact: Lynn Funk - [sfz441@gmail.com](mailto:sfz441@gmail.com)

Last Update: 26 Apr 2023

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