Everything at Once

COPPER KNOB

拍数: 56

墙数:2

编舞者: Iris Wolff (DE) - March 2023

音乐: Everything at Once (feat. Jeff Tweedy) - Rodney Crowell & Jeff Tweedy

级数: Improver

Start the dance after 32 counts on lyrics.

S1: POINT, STEP FWD, POINT, STEP FWD, ROCK STEP, BACK, KICK

- 1-2 RF point to right side, RF forward
- 3-4 LF point to left side, LF forward
- 5-8 RF forward, weight back on LF, RF back, kick LF forward

S2: SIDE, TOUCH, SIDE ROCK, LONG STEP TO R SIDE, CROSS LF BEHIND, ½ L UNWIND

- 1-2 LF to left side, touch RF next to LF
- 3-4 RF to right side, weight back on LF
- 5-6 RF big step to right side, slide LF next to right
- 7-8 Cross LF behind RF, turn ½ left on both balls (weight left, 6:00)

S3: POINT, STEP FWD, POINT, STEP FWD, ROCK STEP, BACK, KICK

- 1-2 RF point to right side, RF forward
- 3-4 LF point to left side,LF forward (*2nd Restart, wall 6)
- 5-8 RF forward, weight back on LF, RF back, kick LF forward

S4: SIDE, TOUCH, SIDE ROCK, LONG STEP TO R SIDE, CROSS LF BEHIND, ½ L UNWIND

- 1-2 LF to left side, touch RF next to LF
- 3-4 RF to right side, weight back on LF
- 5-6 RF big step to right side, slide LF next to right
- 7-8 Cross LF behind RF, turn ½ left on both balls (weight left, 12:00)

S5: SIDE, BEHIND, SIDE ROCK, CROSS, STEP ¼ TURN R BACK, BACK ROCK

- 1-4 RF to right side, cross LF behind RF, RF to right side, weight back on LF (*1st Restart, wall 4)
- 5-6 Cross RF over LF, turn LF ¼ to right back (3:00)
- 7-8 RF back, weight back on LF

S6: WEAVE, CROSS ROCK, ¼ TURN SHUFFLE R

- 1-4 Cross RF over LF, LF to left side, cross RF behind LF, LF to left side
- 5-6 Cross RF over LF, weight back on LF
- 7&8 Turn RF ¼ to right, LF next to RF, step RF forward (6:00)

S7: WALK, WALK, SHUFFLE, HEEL SWITCHES, LF STOMP TOGETHER

- 1-2 LF forward, RF forward
- 3&4 LF forward, RF next to LF, LF forward
- 5& Touch right heel forward, RF next to LF
- 6& Touch left heel forward, LF next to RF
- 7&8 Touch right heel forward, RF next to LF, LF stomp together

* 1st Restart in wall 4 after 36 counts (6:00) cancel here and start from the beginning.

* 2nd Restart in wall 6 after 20 counts (6:00) cancel here and start from the beginning.



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