Numa Numa Yee

级数: Beginner

编舞者: Arisps (INA) - April 2023

音乐: Numa Numa 2 (feat. Marley Waters) - Dan Balan

NOTE : No Tag - No Restart

拍数: 64

SECT: 1# WEAVE (R-L)

- cross RF over LF, step LF to side 1 - 2
- 3 4 cross RF behind LF, touch LF to side, next to LF
- 5 6cross LF over RF, step RF to side
- 7 8 cross LF behind RF, touch RF to side

SECT : 2# KICK BALL CHANGE (2x) - 1/4 JAZZ BOX CROSS

- kick RF forward, close RF next to LF, step LF in place 1&2
- 3&4 kick RF forward, close RF next to LF, step LF in place
- 5 6cross RF over LF, 1/4 turn Right step LF back
- 7 8 step RF to side, step LF fwd

SECT: 3# LINDY STEPS (R-L)

- 1&2 step RF to side, close LF next to RF, step RF to side
- 3 4 rock LF back, recover on RF
- 5&6 step LF to side, close RF next to LF, step LF to side
- 7 8 rock RF back, recover on LF

SECT : 4# LOCK SHUFFLE – DIAGONALLY FWD (R – L) - STEP FORWARD - 1/2 PIVOT – WALK

- step RF diagonally fwd, lock LF behind RF, step RF fwd 1&2
- 3&4 step LF diagonally fwd, lock RF behind LF, step LF fwd
- 5 6 step RF fwd, 1/2 turn left, step LF in place
- 7 8 step RF fwd, step LF close RF together

SECT : 5# SIDE WITH HIP SWAY (R - L) - SIDE CHASSE

- 1 2 step RF to side, with hip sway to right - hip sway to left weight on left
- 3&4 step RF to side, close LF next to RF, step RF to side
- 5 6 step LF to side, with hip sway to left - hip sway to right weight on right
- 7 & 8 step LF to side, close RF next to LF, step LF to side

SECT : 6# CROSS - TOUCH - SIDE (FWD) - CROSS - TOUCH - SIDE (BACK)

- 1 2cross RF over LF, touch LF to left
- 3 4 cross LF over RF, step RF to right
- 5 6 cross RF behind over LF, touch LF to left
- 7 8 cross LF behind over RF, touch RF to right

SECT : 7# 1/4 PIVOT – CROSS SHUFFLE – SIDE – CROSS SHUFFLE

- 1 2step RF forward, 1/4 turn left, change weight to LF
- 3 4 cross RF over LF, step LF to side, cross RF over LF
- 5-6 step LF to side, recover on RF
- 7 8 cross LF over RF, step RF to side, cross LF over RF

SECT: 8# V STEPS – JAZZ BOX

- step RF diagonally forward, step LF diagonally forward 1 - 2
- 3 4 Step RF back to center, close LF next to RF





墙数: 2

5 – 6 cross RF over LF, step LF back

7 – 8 step RF to side, close LF next to RF

Last Update: 3 Apr 2023