

拍数: 32 墙数: 4 级数: Beginner

编舞者: Tri Retno Sukeksi (INA) - April 2023

音乐: Team - Lorde



Dance start on music after 2 Count Restart on Wall 4 after 16 Count

Section 1. WALK, PIVOT 1/2 TURN L, PIVOT 1/4 TURN L

1-2 (1) Step RF forward in front of LF, (2) reverse

3-4 repeat 1-2

5-6 (5) Step RF forward, (6) 1/2 turn L weight on LF, 7-8 (7) Step RF forward, (8) 1/4 turn L weight on LF

Section 2. CROSS SHUFFLE TO L, ROCK STEP TO L. CROSS SHUFFLE TO R, ROCK STEP TO R.

1&2 (1&) Cross RF over LF, Step LF to L side, (2) Cross RF over LF.

3-4 (3) Rock LF to L, (4) recover on RF

5&6 (5&) Cross LF over RF, Step RF to R side, (6) Cross LF over RF.

7-8 (7) Rock RF to R, (8) Recover on LF.

Section 3. LOCK SHUFFLE FORWARD, ROCK STEP FORWARD, LOCK SHUFFLE BACK, ROCK STEP BACK.

1&2 (1&) Step RF forward, Step LF behind RF (2) Step RF forward.

3-4 (3) Rock LF fwd, (4) Recover on RF

5&6 (5&) Step LF back, Cross RF over LF. (6) Step LF Back.

7-8 (7) Rock RF back, (8) Recover on LF.

Section 4. VINE, ROLLING VINE

1-2 (1) Step RF to R (2) Cross LF behind RF3-4 (3) Step RF to R, (4) Touch LF beside RF.

5-6 (5) 1/4 turn L Step LF fwd, (6) 1/2 turn L Step RF back7-8 (7) 1/4 turn L Step LF to L (8) Touch RF beside LF.

Happy Dancing for healty

Contact email: triretnosukeksi@gmail.com