Light Me Up



拍数: 64 墙数: 2 级数: Intermediate 编舞者: Christina Yang (KOR) & Karl-Harry Winson (UK) - April 2023

音乐: Put A Light On Me - Sam Ryder



Intro: 8 Counts.

Music available from Amazon.co.uk or iTunes

This dance is choreographed for the dancers at the Crazy In Line workshop on Saturday 25th March 2023

Jazz Box 1/4 Turn. Cross. Right Chasse. Back Rock.

1 – 2	Cross Right over Left. Turn 1/4 Right stepping Left back. (3.00	0).

- 3 4 Step Right to Right side. Cross step Left over Right.
- 5&6 Step Right to Right side. Close Left beside Right. Step Right to Right side.
- 7 8 Rock Left back. Recover weight on Right.

3/4 Turn Left. Back. Point. Cross Point. Left Kick-Ball. Scuff.

- 1 2 Turn 1/4 Left stepping Left forward (12.00). Turn 1/2 Left stepping Right back (6.00).
- 3 4 Step Left back. Point Right toe out to Right side.
- 5 6 Cross Right over Left. Point Left toe out to Left side.
- 7&8 Kick Left forward. Step Left beside Right. Scuff Right beside Left. (6.00)

Right Rocking Chair. Step. Pivot 1/2 Turn Left. Full Turn Left.

- 1 4 Rock Right forward. Recover weight on Left. Rock Right back. Recover weight on Left.
- 5 6 Step Right forward. Pivot 1/2 turn Left. (12.00).
- 7 8 Turn 1/2 Left stepping Right back (6.00). Turn 1/2 Left stepping Left forward (12.00).

Non-Turning option for counts 7 – 8: Walk forward Right, Left.

Out-Out. Hold. Ball-Side. Right Jazz Box. Cross.

1 – 2	Step Right out to Ri	aht side sliahtly pushina	hip. Step Left out to Le	ft side slightly pushing hip.

- 3&4 Hold. Step Right beside Left. Step Left to Left side.
- 5 8 Cross Right over Left. Step Left back. Step Right to Right side. Cross Left over Right. (12.00)

Side-Drag. Left Back Rock. Syncopated Weave Left. 1/4 Turn Right.

1 – 2	Step big step to Right side. Drag Left up towards Righ
1 – 2	Step big step to Right side. Drag Left up towards Righ

- 3 4 Rock Left back. Recover weight on Right.
- 5,6& Step Left to Left side. Cross Right behind Left. Step Left to Left side.
- 7 8 Cross Right over Left. Turn 1/4 Right stepping Left back.

Back Rock. Right Kick-Ball Change. Pivot 1/4 Turn Left. Pivot 1/2 Turn Left.

- 1 2 Rock Right back. Recover weight on Left.
- 3&4 Kick Right forward. Step Right beside Left. Step Left in place beside Right.
- 5 8 Step Right forward. Pivot 1/4 turn Left. Step Right forward. Pivot 1/2 turn Left.

Step Sweep Forward X2. Forward Rock. Full Turn Back.

- 1 4 Step Right forward. Sweep Left from back to front. Step Left forward. Sweep Right from back to front.
- 5 6 Rock Right forward. Recover weight on Left.
- 7 8 Turn 1/2 Right stepping Right forward. Turn 1/2 turn Right stepping Left back.

Back-Touch. Forward-Touch. Back-Touch. Forward. Scuff.

- 1 4 Step Right back. Touch Left in place. Step Left forward. Touch Right in place.
- 5 8 Step Right back. Touch Left in place. Step Left forward. Scuff Right beside Left.

Start Again!

Last Update: 7 Apr 2023