

# Everything at Once

**COPPER KNOB**  
STEPPERS

拍数: 80      墙数: 1  
编舞者: Erma Go (INA) - April 2023  
音乐: Everything at Once - Lenka

级数: High Beginner



Intro : 16 Count – Start on Vocal

Tag : 8 Count

Part A : 32 Count

Part B : 16 Count

Part C : 32 Count

Sequence : A B B B – Tag – A A B B B – Tag – C A A B B B – Tag – A A B B B – Tag

## Part A

### Section 1 : Touch Side – Touch Cross – Rock Side Touch Cross

- 1 – 2      Touch toe RF to R – drop heel RF in place
- 3 – 4      Touch toe LF cross over R – drop heel LF in place
- 5 – 6      Step RF to R – recover on L
- 7 – 8      Touch toe RF cross over L – drop heel RF in place

### Section 2 : Touch Side – Touch Cross – Rock Side Touch Cross

- 1 – 2      Touch toe LF to L – drop heel LF in place
- 3 – 4      Touch toe RF cross over L – drop heel RF in place
- 5 – 6      Step LF to L – recover on R
- 7 – 8      Touch toe LF cross over R – drop heel LF in place

### Section 3 : Rocking Chair – $\frac{3}{4}$ Pivot Turn L

- 1 – 2      Step RF foward – recover on L
- 3 – 4      Step RF back – recover on L
- 5 – 6      Step RF foward –  $\frac{1}{2}$  turn L recover on L (06.00)
- 7 – 8      Step RF foward –  $\frac{1}{4}$  turn L recover on L (03.00)

### Section 4 : Wave – $\frac{1}{4}$ Jazz Box Turn L

- 1 – 2      Step RF cross over LF – step LF to L
- 3 – 4      Step RF cross behind LF – touch toe LF to L
- 5 – 6      Step LF cross over RF –  $\frac{1}{4}$  turn L and step RF back (12.00)
- 7 – 8      Step LF to L – step RF close together

## Part B

### Section 1 : Lindy

- 1 & 2      Step RF to R – Step LF close beside RF – Step RF to R
- 3 – 4      Step LF behind RF – recover on R
- 5 & 6      Step LF to L – Step RF close beside LF – Step LF to L
- 7 – 8      Step RF behind LF – recover on L

### Section 2 : Diagonal Side Touch

- 1 – 2      Step RF to R diagonal foward – touch toe LF beside RF
- 3 – 4      Step LF to L diagonal foward – touch toe RF beside LF
- 5 – 6      Step RF to R diagonal back – touch toe LF beside RF
- 7 – 8      Step LF to L diagonal back – touch toe RF beside LF

## Part C

### Section 1 : Rolling Vine

- 1 – 2            Step RF to R – ¼ turn R and step LF foward
- 3 – 4            ½ turn R and step RF back – ¼ turn R and touch toe LF to L
- 5 – 6            Step LF to L – ¼ turn L and step RF foward
- 7 – 8            ½ turn L and step LF back – ¼ turn L and Step RF close together

#### **Section 2 : Foward Touch – ½ Pivot Turn L – Foward Suffle**

- 1 – 2            Step RF foward – touch toe LF to L
- 3 – 4            Step LF foward – touch toe RF to R
- 5 – 6            Step RF foward – ½ turn L recover on L (06.00)
- 7 & 8            Step RF foward – step LF close beside RF – step RF foward

#### **Section 3 : Foward Touch – ½ Pivot Turn R – Foward Suffle**

- 1 – 2            Step LF foward – touch toe RF to R
- 3 – 4            Step RF foward – touch toe LF to L
- 5 – 6            Step LF foward – ½ turn R recover on R (12.00)
- 7 & 8            Step LF foward – step RF close beside LF – step LF foward

#### **Section 4 : V Step – Side Tap and Hold**

- 1 – 2            Step RF to R digonal foward – step LF to L diagonal foward
- 3 – 4            Step RF back to centre – step LF close together
- 5 – 6            Tap RF to R – hold
- 7 – 8            Hold

#### **Tag**

##### **V step – Jazz Box**

- 1 – 2            Step RF to R digonal foward – step LF to L diagonal foward
- 3 – 4            Step RF back to centre – step LF close together
- 5 – 6            Step RF cross over L – step LF back
- 7 – 8            Step RF to R – Step LF close together

**Last Update: 9 Apr 2023**

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