Cola

拍数: 32	墙数: 4	级数: High Beginner

编舞者: Bertanyna (INA) - February 2023

音乐: Cola Song (feat. J Balvin) - Inna

*INTRO : 16 counts
*RESTART On Wall 2 after 16 count
On Wall 6 after 16 count
*TAG 12 count AFTER wall 11

#S1# K STEP

1-2	Step R diagonal forward to right, Touch L beside R
3-4	Step L diagonal backward to left, Touch R beside L
5-6	Step R diagonal backward to right, Touch L beside R
7-8	Step L diagonal forward to left, Touch R beside L

#S2# (SIDE - TOUCH CROSS BEHIND) RL - SIDE MAMBO (RL)

1-2	Step R to side, Cross touch L behind R
3-4	Step L to side, Cross touch R behind L
5&6	Step R to side, step L inplace, Close R together
7&8	Step L to side, step R inplace, Close L together

#S3# WALK WITH BOUNCE (RLR LRL) - CLOSE - HIP BUMP (RLRL)

1 a 2	Step R forward, Ball of L slightly behind R, Recovered on R
3 a 4	Step L forward, Ball of R slightly behind L, Recovered on L
5-6	Close R together with Hip bumb to right, Hip bump to left
7-8	Hip bump to right, Hip bump to left

#S4# WALK BACK (RLR) - CLOSE - FORWARD - HOLD - TURN 3/4 LEFT - FORWARD - HOLD

1-2	Step R back, Step L back
3-4	Step R back, Step L back
5-6	Step R forward , Hold
7-8	Turn 3/4 to left Step L forward , Hold (facing 3.00)

-TAG -
#SESI # V STEP (2X)

1-2	Step R diagonal forward to right, Step L diagonal forward to left
3-4	Step R back to centre, Close L together
5-6	Step R diagonal forward to right, Step L diagonal forward to left
7-8	Step R back to centre, Close L together

#SESI2# SIDE (R,L) - HIP ROLL

1-2	Step R to side, Step L to side
3-4	Rolling Hip to Right

Enjoy for Dancing

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