My Only Desire

拍数: 32

级数: Improver - WCS

编舞者: Niels Poulsen (DK) - April 2023

音乐: Signed Sealed Delivered - Jackson Breit : (iTunes)

Intro: 32 counts from very first beat in music. App. 20 secs. into track. Start with weight on L foot. NOTE: NO TAGS – NO RESTARTS

[1-8] Walk RL, ¼ L ball cross, ¼ R fwd, lock ½ R with sweep, behind side cross

- 1 -2 Walk R fwd (1), walk L fwd (2) 12:00
- &3 4 Turn ¼ L stepping R to R side (&), cross L over R (3), turn ¼ R stepping R fwd (4) 12:00
- 5&6 Turn ¼ R stepping L to L side (5), cross R over L (&), turn ¼ R stepping back on L sweeping R out to R side (6) 6:00
- 7&8 Cross R behind L (7), step L to L side (&), cross R over L (8) 6:00

[9 - 16] L side rock, recover ¼ L, L coaster cross, HOLD, & behind, HOLD, & in front

- 1 2 Rock L to L side (1), recover on R turning ¼ L (2) ... Styling: grind L heel as your turn ¼ L 3:00
- 3&4 Step back on L (3), step R next to L (&), cross L over R (4) 3:00
- 5&6 HOLD (5), step R to R side (&), cross L behind R (6) 3:00
- 7&8 HOLD (7), step R to R side (&), cross L over R (8) 3:00

$\left[17-24\right]$ Monterey ¼ R into L side rock cross, press R to R side, recover L, R sailor ¼ R

- 1 2 Point R to R side (1), turn ¼ R stepping R next to L (2) 6:00
- 3&4 Rock L to L side (3), recover on R (&), cross L over R (4) 6:00
- 5 6 Press R to R side (5), recover on L (6) ... Styling: turning body slightly L and lifting L toes off the floor when pressing R to R side 6:00
- 7&8 Cross R behind L (7), turn ¼ R stepping L next to R (&), step R fwd (8) 9:00

[25 – 32] Walk LR fwd, L sugar push, R big step back, drag L back, L coaster step

- 1 2 Walk L fwd (1), walk R fwd (2) 9:00
- 3&4 Step L behind R (3), recover on R (&), step back on L (4) 9:00
- 5 6 Step R a big step backwards (5), drag L towards R (6) 9:00
- 7&8 Step back on L (7), step R next to L (&), step L fwd (8) 9:00

Start Again!

Ending Wall 10 is your last wall (starts at 9:00). On count 28 you're facing 6:00 and the music has already started to fade out. To end facing 12:00 point point R back and turn $\frac{1}{2}$ R onto R 12:00





墙数:4