## Get It Done



拍数: 16 墙数: 4 级数: Beginner

编舞者: Mike Liadouze (FR) - April 2023

音乐: Get It Done (feat. Otto Blue) - Tina Parol



Introduction: 16 counts - Tags: Always on back wall

#### [1-8] OUT, OUT, CLAP, IN, IN, HITCH & SLAP, 1/4 L SHUFFLE R, KICK, SHUFFLE L w/FLICK

1&2 Step RF diagonally forward (out), Step LF diagonally forward (out), Clap both hands above

head

Step RF back (in), Step LF together (in), Hitch R knee slapping both hands back on tight turn L... Step RF side, Step LF together, Step RF side, Kick LF to L diagonal (9:00)

7&8 Step LF side, Step RF together, Step LF side flicking RF

# [9-16] CROSS RF, UNWIND ½ L, COASTER STEP, ROCK FORWARD, TOGETHER, ROCK FORWARD, TOGETHER

1-2 Cross RF over LF, Unwind ½ turn L... weight stays on RF (3:00)

3&4 Step LF back, Step RF together, Step LF forward

5-6& Rock step RF forward, Recover on LF back, Step RF together 7-8& Rock step LF forward, Recover on RF back, Step LF together

#### TAG 1 (18 counts at the end of wall 2 (6:00))

#### [1-8] STEP PIVOT ½ L w/ BOUNCES, COASTER STEP PIVOT ½ R w/ BOUNCES, BACK TOGETHER

1-2& Step RF forward, Bounce both heels ¼ turn L..., Bounce both heels ¼ turn L... weight on RF

(12:00)

4& Step LF back, Step RF together

5-6& Step LF forward, Bounce both heels ¼ turn R..., Bounce both heels ¼ turn R... weight on LF

(6:00)

&8 Step RF back, Step LF together

Note: This section is on the lyrics, it is maybe easier to sing it "Got It On My Own, Fee- Ling Good And Strong Ob Ob"

Strong, Oh Oh"

### Option: Replace BOUNCE BOUNCE by TIC TAC TURN on counts:

Swivel L heel R, Swivel R heel R making ½ turn L...
Swivel R heel L, Swivel L heel L making ½ turn R...

#### [9-16] SYNCHOPATED WEAVE MAMBO CROSS ENDING x2

1&2& Step RF side, Cross LF behind RF, Step RF side, Cross LF over RF

3&4 Rock step RF side, Recover on LF side, Cross RF over LF

5&6& Step LF side, Cross RF behind LF, Step LF side, Cross RF over LF

7&8 Rock step LF side, Recover on RF side, Cross LF over RF

#### [17-18] V STEP

1&2& Step RF diagonally forward (out), Step LF diagonally forward (out), Step RF back (in), Step

LF together (in)

TAG 2 (16 counts at the end of wall 6 (6:00)): identical to TAG 1 without counts 17-18 (V Step)

#### TAG 3 (20 counts at the end of wall 10 (6:00)): add 4 counts and then identical to TAG 2

[1-4] TOUCH FORWARD, BOUNCE R HEEL TWICE, COASTER ...

1-2-3 Touch R toe forward, Bounce R heel, Bounce R heel

4& Step RF back, Step LF together

FINAL: STEP R FORWARD w/ HITCH 1/4 L, STEP L SIDE PUSHING HANDS OUT (12:00)

Thanks Rachel Lardy for suggesting the music!	
Have FUN !!! □	
Last Update: 19 May 2023	
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