

I Need A Man

拍数: 32 墙数: 4 级数: Improver
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音乐: Ich brauch einen Mann - Maite Kelly



Intro: 16 counts - 2 tag - 1 restart - ending

[1-8] R CROSS ROCK SIDE ROCK, R CROSS ROCK SIDE ROCK, L CROSS ROCK SIDE POINT, SAILOR 1/4 TURN

1&2& RF cross over LF, weight recover on LF, RF step to right, weight recover on LF
3&4 RF cross over LF, weight recover on LF, RF step to right
5&6 LF cross over RF, weight recover on RF, LF point on left
7&8 LF sweep around with 1/4 turn to left behind RF, RF close beside LF, LF step forward

[9-16] SHUFFLE FWD, STEP 1/2 TURN STEP, STEP 1/2 TURN, COASTER CROSS

1&2 RF step forward, LF close beside RF, RF step forward
3&4 LF step forward, 1/2 turn to right, LF step forward
5,6 RF step forward, 1/2 turn to left weight stay right
7&8 LF step back, RF close beside LF, LF cross over RF

[17-24] RUMBA BOX FWD, BACK MAMBO, RUN LEFT RIGHT LEFT

1&2 RF step to right, LF close beside RF, RF step forward
3&4 LF step to left, RF close beside LF, LF step back
5&6 RF step back, weight recover on LF, RF step forward
7&8 Run forward on left, right, left

[25-32] REVERSE COASTER STEP, BACK LOCK STEP, BACK LOCK STEP, COASTER STEP

1&2 RF step forward, LF close beside RF, RF step back
3&4 LF step back, RF lock over LF, LF step back
5&6 RF step back, LF lock over RF, RF step back
7&8 LF step back, RF close beside LF, LF step forward

****2 TAGS: At the end of walls 1 and 4**

R CROSS ROCK SIDE ROCK

1&2& RF cross over LF, weight recover on LF, RF step to right, weight recover on LF

RESTART: in wall 3, after 24 counts 03:00 (run, run, run)

ENDING: in last wall, after 24 counts 03:00 (run, run, run)

STEP 1/4 TURN

1,2 RF step forward, 1/4 turn to left weight on left