I Am Your Mother

拍数: 32

级数: Improver

编舞者: Taren Gaia (SA) - April 2023

音乐: Mother - Meghan Trainor : (Album: Takin' It Back)

Intro: 16 counts (Start on word "Mother") (1 Restart, 1 Tag)

[1-8] Grapevine Right, Heel Twist x 2

1-2-3-4	Step RF to R side, Step LF behind RF, Step RF to R side, Step LF to RF
5-6	Keeping feet together, twist both keels to R, twist heels back to center
7-8	Keeping feet together, twist both keels to R, twist heels back to center

[9-16] Grapevine Left. Heel Twist x 2

1-2-3-4	Step LF to L side, Step RF behind LF, Step LF to L side, Step RF to LF
5-6	Keeping feet together, twist both keels to L, twist heels back to center

7-8 Keeping feet together, twist both keels to L, twist heels back to center

[17-24] K Step

- Step RF Fwd to R Diagonal, Tap LF to RF 1-2
- 3-4 Step LF Back to L Diagonal, Tap RF to LF
- 5-6 Step RF Back to R Diagonal, Tap LF to RF
- 7-8 Step LF Fwd to L Diagonal, Tap RF to LF

**Restart Here Wall 3 (6:00)

[25-32] Paddle Turns x 2, Step Kick, Back Tap

- 1-2 Press R toe Fwd, keeping weight on R toe make 1/8 turn left recovering weight onto LF
- 3-4 Press R toe Fwd, keeping weight on R toe make 1/8 turn left recovering weight onto LF
- 5-6 Step RF Fwd, Kick LF Fwd
- 7-8 Step LF Back, Tap RF to LF

**TAG: Wall 6: Grapevine Right and Left (8 counts). Start the dance again from the beginning (9:00)

Enjoy

Contact: taren@fusodanse.co.za

Please feel free to use alternate music but do not alter the step sheet without notifying the choreographer first.





墙数:4