Black Dresses, Gold Necklace

级数: Beginner

编舞者: Seonaid M. Williams (SCO/NOR) - May 2023

音乐: Black Dresses - Steve Kolander

Start: After 16 counts

拍数: 32

(1 - 8) SHUFFLE FORWARD x2, ROCKING CHAIR

- Step forward on RF, step LF to RF, step forward on RF 1&2
- 3&4 Step forward on LF, step RF to LF, step forward on LF
- Rock forward RF, recover weight onto LF 5,6
- 7.8 Rock back RF, recover weight onto LF

(09 -16) JAZZ BOX 1/4 TURN RIGHT, CROSS, SIDE KICK x2 (R,L)

- 1 4 Cross step RF over LF, step back on LF 1/4 turn Right step RF to right, cross LF over RF (3:00)
- 5.6 Step RF to right side, cross kick Left LF across RF (snap fingers),
- Step LF to left side, cross kick RF across LF (snap fingers) 7,8

(17 – 24) WEAVE, CHASSÉ, ROCK RECOVER

1,2,3,4 Step RF to right side, cross LF behind RF, step RF to right, cross LF over RF

Step RF to right side, step LF to RF step RF to right, Rock back LF, recover RF 5&6.7.8

(25 – 32) STEP, HOLD, BALL STEP, HOLD, HIP BUMPS R, L, R, L (ELVIS KNEES)

- 1,2,&3,4 Step LF to left, hold, step RF to LF, step LF to left, hold, clap (optional)
- 5.6.7.8 Bump hips to right, left, right, left

Option Elvis knees: Bump hips to R,L,R,L, turning opposite knee slightly inwards, lifting heel slightly

Start again

Ending: On wall 11 (6:00), dance 12 counts of first section, changing 1/4 turn with 1/2 turn jazz box to right (12:00), hold for 2 counts, ball step to finish the dance

Have fun!

Last Update: 4 May 2023





墙数:4