

And The Beat Goes On

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Gail A. Dawson (USA) - May 2023
音乐: And the Beat Goes On (Radio Version) - The Whispers



Intro – 16 Counts

Jazz Box, Lindy

1, 2 R cross over L, L step back
3, 4 R step to R, L cross over R
5&6 R step to R, L step beside R, R step to R
7, 8 L rock back, recover to R

Vine, ¼ Turn, Brush, Rocking Chair

1, 2 L step to L, R step behind L
3, 4 L step to L turning ¼ (9 o'clock), R brush forward
5, 6 R rock forward, recover to L
7, 8 R rock back, recover to L

*** RESTART HERE ON WALL 4 & WALL 7

Vine with a Heel Jack

1, 2& R step to R, L step behind R, R step diagonally back
3 & 4 Touch L heel diagonally forward, step L, R cross over L
5, 6& L step to L, R step behind L, L step diagonally back
7 & 8 Touch R heel diagonally forward, step R, L cross over R

Step, Touch, Step, Touch, Sway

1, 2 R step to R, touch L beside R
3, 4 L step to L, touch R beside L
5, 6 Sway R, sway L
7, 8 Sway R, sway L
