

Hey Cowboy

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner / Low Improver
编舞者: Allyn Harker (USA) - December 2022
音乐: Hey Cowboy - Devon Cole



START after 8 counts

[1-8] HIP SWAYS x4 / Heel jacks x2

- 1 sway hips R, shift weight to R leg
- 2 sway hips L, shift weight to L leg
- 3 sway hips R, shift weight to R leg
- 4 sway hips L, shift weight to L leg
- 5&6 RF cross step over LF, LF step diagonally back to L side, RF touch heel diagonally forward
- &7 RF step to R side, LF cross step over RF
- &8 RF step diagonally back to R side, LF touch heel diagonally forward

[9-16] STEP BACK HEEL X4 / STEP FORWARD, TOGETHER X2

- &1 LF step back, RF touch heel forward
- &2 RF step back, LF touch heel forward
- &3 LF step back, RF touch heel forward
- &4 RF step back, LF touch heel forward
- &5,6 LF step back, RF step forward, LF touch together
- 7,8 LF step forward, RF touch together

RESTART: wall 3 facing 06:00 after count 16

[17-24] GRAPEVINE / KICK FORWARD, BACK, BOOT SLAP IN & OUT

- 1,2,3,4 RF step side, LF step behind, RF step side, LF touch together
- 5,6 LF kick forward, LF kick backward
- 7&8 L leg knee bent, turn lower leg in and touch LF with RH, turn lower leg out and touch LF with LH, LF step next to RF.

[25-32] KICK FORWARD, BACK, BOOT SLAP IN & OUT / PADDLE TURN X3 / HOLD

- 1,2 RF kick forward, RF kick backward
- 3&4 R leg knee bent, turn lower leg in and touch RF with LH, turn lower leg out and touch RF with RH, RF touch together
- 5,6,7 Paddle turn with RF to 09:00, Paddle turn with RF to 06:00, Paddle turn with RF to 03:00
- 8 Hold

Last Update: 25 Jul 2023