Wish You the Best

拍数: 38

级数: Advanced

编舞者: Myra Harrold (SCO) - May 2023

音乐: Wish You The Best - Lewis Capaldi

墙数: 2

SECT:1 SIDE, DRAG, BEHIND 1/4, FWD, 1/2, FWD, FULL TURN, PIVOT 1/2, CROSS ROCK, SIDE ROCK, BEHIND, 1/4

- 1.2&3&4. RF LONG STEP R.DRAG LF BEHIND RF.TURN ¼ R.RF FWD.LF FWD.PIVOT ½ R.LF FWD (9)
- &5. PIVOT 1/2 L,RF BACK,PIVOT 1/2 L,LF FWD,PIVOT 1/2 TURN L ON LF (ON THE SPOT) (3) ROCK RF ACROSS LF.RECOVER TO LF.ROCK RF TO R.RECOVER ON LF.RF BEHIND 6&7&8&. LF, TURN ¼ L, LF FWD (12)

SECT:2. FWD.SWEEP ½.BEHIND SIDE CROSS HITCH.CROSS & CROSS.HITCH.CROSS & CROSS.HITCH,CROSS,1/2 HINGE

- RF FWD.PIVOT 1/2 L SWEEPING LF OUT.LF BEHIND RF.RF TO R.CROSS LF OVER 1,2&3 RF, HITCH RF (6)
- 4&5. CROSS RF OVER LF, LF TO L, CROSS RF OVER LF, HITCH LF. (6)
- CROSS LF OVER RF, RF TO R, CROSS LF OVER RF, HITCH RF, CROSS RF OVER 6&7,8&1. LF, TURN ¼ R, LF BACK, TURN ¼ R, RF LONG STEP TO R, (12)

SECT:3. ROCK, RECOVER, SIDE, BEHIND, 1/4, FWD, PIVOT ½, ROCK FWD, RECOVER, BACK, KICK FWD.RUN.RUN.ROCK

- 2&3.4&. ROCK LF BEHIND RF, RECOVER TO RF, LF LONG STEP TO L, RF BEHIND LF, TURN 1/4 L,LF FWD (9)
- 5&6&7. RF FWD, PIVOT 1/2 L, ROCK RF FWD, RECOVER ON LF, RF BACK, KICK LF FWD (LEAN BACK ON KICK)(3)
- 8&1. RUN FWD ON LF, RF, THEN ROCK FWD ON LF HITCHING RF BEHIND L LEG. (3)

SECT:4. BACK.SWEEP.BACK.SWEEP.BEHIND SIDE.TURN 1/8 ROCK FWD.RECOVER.REVERSE 1/2 TURN, FWD, FWD, 1/2 TURN, ROCK FWD, RECOVER, REVERSE ½ TURN, SWEEP 1/8

- RF BACK, SWEEP LF, LF BACK, SWEEP RF, RF BEHIND LF, LF TO L, TURN 1/8 L, ROCK RF 2,3,4&5. FWD (1.30)
- RECOVER TO LF, TURN ½ R, RF FWD, LF FWD, PIVOT ½ R, RF FWD, ROCK LF 6&7&8&1 FWD, RECOVER TO RF, TURN 1/2 L, LF FWD SWEEPING RF OUT TO TURN 1/8 L (6)

SECT:5. CROSS ROCK, RECOVER, SIDE, ROCK BACK, RECOVER, SIDE, SWAY, SWAY

ROCK RF OVER LF.RECOVER TO LF.RF TO R SIDE, ROCK LF BEHIND RF.RECOVER 2&3.4&5.6&. TO RF, LF TO L SIDE, QUICK SWAY R THEN L. (6)

WALL 1 HAS 38 COUNTS

WALL 2 HAS 34 COUNTS WITH RESTART AT 12 O.CLOCK

WALL 3 HAS 22 COUNTS AND NEEDS A ¼ TURN RIGHT TO RESTART AT 6 O.CLOCK WALL 4 HAS 35 COUNTS AND NEEDS A QUICK ROCK TO THE LEFT TO RESTART AT 12 O.CLOCK WALL 5 HAS 34 COUNTS WITH RESTART AT 6 0.CLOCK WALL 6 HAS 16 COUNTS TO FINISH AT 12 O.CLOCK

YES IT'S A CHALLENGE BUT IF YOU LIKE THE MUSIC GO FOR IT



