While You're Young

拍数: 32

级数: Intermediate

编舞者: Dee Musk (UK) - May 2023

音乐: While You're Young - Meghan Trainor : (Album: Takin' It Back.)

#32 Count Intro - Approx 16 seconds - Track approx 2 mins 30 secs. BPM 112. Track available from iTunes.co.uk deedeemusk@gmail.com

Side, Back Rock, Recover, Chasse Left, Back Rock, Recover, Side, Close.

- 1-3 Step R to R side, cross rock L behind R, recover weight to R.
- 4&5 Step L to L side, close R beside L, step L to L side.
- 6,7 Cross rock R behind L, recover weight to L.
- Step R to R side, close L beside R. (12 o'clock). 8&
- **Restart 1 during wall 3 begin again facing 6.00.

Modified ½ Monterey Turn Right, Point, Behind, Side, Cross, Side, Behind, Side, Close.

- 1-3 Point R to R side, make 1/2 turn R stepping R beside L, point L to L side.
- 4&5 Cross step L behind R, step R to R side, cross L over R.
- 6,7 Step R to R side, cross step L behind R.
- Step R to R side, close L beside R. (6 o'clock). 8&

1/4 Turn Right, Step 3/4 Turn Right, Shuffle 1/4 Turn Left, Step, 1/2 Pivot Turn Left, Side, Together.

- 1-3 Make ¹/₄ turn R stepping forward on R, step forward on L, make ³/₄ turn R (weight on R).
- 4&5 Step L to L side, close R beside L, make 1/4 turn L stepping forward on L.
- 6,7 Step forward on R, make 1/2 turn L (weight on L).
- 88 Step R to R side, step L beside R. (9 o'clock).

**Restart 2 during wall 6 – begin again facing 9.00.

Side, Together, Forward, Side, Together, Side, Together, Back, Side, Together.

- 1-3 Step R to R side, step L beside R, step forward on R.
- 4& Step L to L side, step R beside L.
- 5-7 Step L to L side, step R beside L, step back on L.
- 8& Step R to R side, step L beside R. (9 o'clock).

**Restart 1 – Dance the first 8& counts then begin again facing 6.00.

**Restart 2 – Dance the 24& counts then begin again facing 9.00.

Have fun and Enjoy





墙数:4