

# One Thing at a Time

**COPPER** KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Jennifer Miller (USA) - March 2023  
音乐: One Thing At A Time - Morgan Wallen : (Album: One Thing at a Time - iTunes)



**Intro: 32 (start on vocals)**

## **K-STEP**

1,2      Step RF Forward on a 45 degree, Touch L next to RF  
3,4      Step LF back on a 45 degree, Touch RF next to LF  
5,6      Step RF back on a 45 degree, Touch LF next to RF  
7,8      Step LF Forward on a 45 degree, Step RF next to LF (Weight on both)

## **HEEL SPLITS (X2), R HEEL (X2), R TOE (X2)**

1,2      Split both heels apart, return to center  
3,4      Split both heels apart, return to center  
5,6      Touch right heel forward twice  
7,8      Touch right toe back twice

## **STEP, ¼ PIVOT LEFT, CROSS SHUFFLE R-L-R, ¼ TURN RIGHT, ½ TURN RIGHT, SHUFFLE FORWARD**

1,2      Step RF forward, ¼ pivot left (weight on left)  
3&4      Cross RF over LF, Step LF to left, Cross RF over LF  
5      Make ¼ turn right stepping forward on RF  
6      Make ½ turn right stepping forward on RF  
7&8      Step LF forward, Step RF next to LF, Step LF forward

## **ROCK, RECOVER, R COASTER, ROCK, RECOVER, L COASTER**

1,2      Rock RF forward, Recover on LF  
3&4      Step RF back, Step LF next to RF, Step RF forward  
5,6      Rock LF forward, Recover on RF  
7&8      Step LF back, Step RF next to LF, Step LF forward

## **POINT, CROSS, POINT, CROSS, POINT, CROSS, POINT, STEP**

1,2      Touch R toe to right, Cross RF over LF  
3,4      Touch L toe to left, Cross LF over RF  
5,6      Touch R toe to right, Cross RF over LF  
7,8      Touch L toe to left, Step LF next to RF

## **MONTEREY ¼ TURN R, R ROCKING CHAIR**

1,2      Touch R toe to the right, Make a ¼ turn R bringing RF next to LF  
3,4      Touch L toe to the left, Step LF next to RF  
5,6      Rock RF forward, Recover LF  
7,8      Rock RF back, Recover LF

## **STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF**

1,2      Step RF forward on a 45 degree, Cross LF behind RF  
3,4      Step RF on a 45 degree, Scuff LF forward  
5,6      Step LF forward on a 45 degree, Cross RF behind LF  
7,8      Step LF forward on a 45 degree, Scuff RF forward

## **JAZZ BOX, STEP, DRAG, STEP, CLAP**

1,2      Cross RF over LF, Step LF back

- 3,4 Step RF slightly right, Cross LF over RF
  - 5,6 Take a big step to the right with RF, Drag LF next to RF
  - 7,8 Step down on LF, Clap your hands (weight stays on LF)
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