Dancin' With My Eyes Closed

级数: Beginner

编舞者: Kathy Riley (USA) - May 2023

音乐: Eyes Closed - Ed Sheeran

Dance starts on count 16, weight on left and moves counter clockwise.

Section 1 Toe Heel Struts

拍数: 32

- 1 & 2 & Step forward on R toe, drop R heel Step forward on L toe, drop L heel
- 3 & 4 & Step forward on R toe, drop R heel Step LF toe forward, drop left heel
- 5 & 6 & Step back on R toe, drop R heel, Step back on L toe, drop L heel
- 7 & 8 & Step back on R toe, drop L heel, Step back on L toe, drop L heel

Section 2 RF Sailor, LF Sailor

- 1 & 2 Rock RF behind LF, recover with LF, step RF beside LF
- 3 & 4 Rock LF behind RF, Recover with RF, step LF Next to RF
- 5 & 6 Rock RF behind LF, recover with LF, step RF beside LF

Section 3 Side Mambo With Quarter Turn, Triple Step, Side Mambo, Triple step

- 1-2 1/4 Right foot to Left facing 9:00, shifting weight to right hip, shift weight back to left
- 3 & 4 Shift weight to RF, Recover on LF, shift weight to RF (triple step)
- 5-6 Step LF to the Left side shifting weight to Left hip, shift weight back to right
- 7 & 8 Shift weight to LF, recover on RF, shift weight to LF (triple step)

Section 4 1/2 Pivot, Triple Step, Step 1/2 Pivot, Triple Step

- 1-2 Step Right Foot Forward, Pivot Turn to 3:00
- 3 & 4 Triple in place Right, Left, Right
- 5-8 Step Left Foot Forward, Pivot Turn back to 9:00, Triple in Place, Right Left Right.

Repeat Dance

*There are 2 restarts. One is on wall 6. The other is on wall 8 following a 3 count tag with a kick ball change.

Last Update: 7 Jun 2025





2023

墙数: 4