

Grow Old with You

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 2 级数: High Beginner
编舞者: Tomoko Sato (JP) - March 2023
音乐: I Wanna Grow Old with You - Westlife



S1: Nightclub Basic, Side, Behind, Side, Cross Rock-Recover, 1/4 R Step, Sweep, Cross, Touch

1-2& Step RF to R, close LF to RF, cross RF over LF
3-4& Step LF to L, step RF behind LF, step LF to L
5-6& Cross rock RF, recover weight to LF, 1/4 turn R step RF fwd (3:00)
7-8& Sweeping LF, cross LF over RF, touch R toe behind LF

S2: Sweep, Back, Lock, Sweep, Back, Lock, 1/4 R Side Lunge, 1/4 L Run, Run, Hitch, Back, Back, 1/4 R

1-2& Step RF back sweeping LF, step LF back, lock step RF in front of LF
3-4& Step LF back sweeping RF, step RF back, lock step LF in front of RF
5 1/4 turn R step RF to R side bending the R knee slightly (6:00)
6& 1/4 turn L run-run(L,R) (3:00)

Optional: "run-run" can be changed to full turn

7-8& Step LF fwd hitching right, step RF back, step LF back, 1/4 turn R (6:00)

Tag1: After 5th wall (6:00) Sway R,L

1-2 Stepping RF to R side swaying body R, sway body L

Tag2: After 14th wall (12:00) Nightclub Basic, Step, Drag

1-2& Step RF to R, close LF to RF, cross RF over LF
3-4 Step LF to L side, drag RF

May you have a wonderful life with your loved ones.

Last Update - 8 June 2023
