

I'll Be There For You

拍数: 32 墙数: 4 级数: Improver
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音乐: I'll Be There For You (Single Edit) - Solid Harmonie



Intro: 32 Counts, Start at approx. 16 secs

SEC 1 Side, Touch, ¼ Side, Touch, ¼ Side, Touch, Side, Touch

- 1-2 Step right to right, touch left beside right
- 3-4 Turn ¼ right step left to left, touch right beside left (3:00)
- 5-6 Turn ¼ right step right to right, touch left beside right (6:00)
- 7-8 Step left to left, touch right beside left

SEC 2 Full Rolling vine, Touch, Full Rolling Vine, Side Shuffle

- 1-2 Turn ¼ right step right forward, turn ½ right step left back (3:00)
- 3-4 Turn ¼ right step right to right, touch left beside right (6:00)
- 5-6 Turn ¼ left step left forward, turn ½ left step right back (9:00)
- 7&8 Turn ¼ left step left to left, step right beside left, step left to left (6:00)

SEC 3 Samba Step, Samba Step, Cross, ¼ Back, Side Shuffle

- 1&2 Cross right over left, rock left to left, recover weight onto right
- 3&4 Cross left over right, rock right to right, recover weight onto left
- 5-6 Cross right over left, turn ¼ right step left back (9:00)
- 7&8 Step right to right, step left beside right, step right to right

SEC 4 Cross, ¼ Back Sweep, Sailor Forward, Step, ¼ Turn Knee Pops, Weave

- 1-2 Cross left over right, turn ¼ left step right back sweeping left from front to back (6:00)
- 3&4 Step left behind right, step right to right, step left forward
- 5&6 Step right forward, pivot 1/4 left popping knees forward, drop heels keeping weight on right (3:00)
- 7&8 Step left behind right, step right to right, cross left over right