The Middle

拍数: 32　　　　　**墙数:** 4　　　　　**级数:** Improver
编舞者: Monica Tan (USA) - 2018
音乐: The Middle - Zedd, Maren Morris & Grey

#8 Count Intro (Dance starts after words "Take a seat")
One 4-count tag, two restarts after 12 counts

Section 1: Heel switches, 1/4 turn pivot, forward shuffle
1&	Touch R heel forward, replace next to L
2&	Touch L heel forward, replace next to R
3&	Touch R heel forward, replace next to L
4&	Touch L heel forward, replace next to R
5-6	Step R to side, pivot 1/4 turn onto L to face 9:00
7&8	Shuffle forward R-L-R

Section 2: 1/2 turn pivot, forward shuffle, forward rock, 1/2 turn shuffle
1-2	Step L forward, pivot 1/2 turn onto R to face 3:00
3&4	Shuffle forward L-R-L [[Restart here on Wall 2 and Wall 6, facing 6:00]]
5-6	Rock R forward, recover L
7&8	Shuffle R-L-R while making 1/2 turn over R shoulder to face 9:00

Section 3: forward rock, 1/2 turn shuffle, kick and point (x2)
1-2	Rock L forward, recover R
3&4	Shuffle L-R-L while making 1/2 turn over L shoulder to face 3:00
5&6	Kick R forward, step R forward, point L to side
7&8	Kick L forward, step L forward, point R to side

Section 4: step point (x2), sailor step (x2)
1-2	Step back R, point L to side
3-4	Step back L, point R to side
5&6	Step R behind L, step L to side, step R to side
7&8	Step L behind R, step R to side, step L to side

Tag: Toe struts (x2) after Wall 4 facing 12:00
1-2	Step forward on R toe, drop R heel
3-4	Step forward on L toe, drop L heel