

# Slow Low

**COPPER** KNOB  
STEPPERS

拍数: 16      墙数: 4      级数: Intermediate  
编舞者: Gary O'Reilly (IRE) - June 2023  
音乐: Slow Low - Jason Derulo



Available from iTunes, Amazon & Spotify

## #16 count intro

### Section 1: CROSS ROCK, SIDE ROCK, BACK ROCK, WALK, CROSS SIDE BACK, HITCH, BEHIND, SIDE

- 1&2&      Cross rock R over L (1), recover on L (&), rock R to R side (2), recover on L (&)  
3 & 4      Cross rock R behind L (3), recover on L (&), step forward on R towards R diagonal (4) (1:30)  
5 & 6      Cross L over R (5), step R to R side (&), 1/8 L stepping back on L hitching R knee (6) (12:00)  
7 8      Cross R behind L (7), step L to L side (opening body to L diagonal) (8)

### Section 2: STEP, LOCK, WALK, SIDE ROCK & CROSS, HIP ROLL 1/8, HIP ROLL 1/8

- & 1 2      1/8 L stepping forward R towards L diagonal (&), lock L behind R (1), walk forward on R (2) (10:30)  
3 & 4      1/8 R rocking L to L side (3), recover on R (&), cross L over R (4) (12:00)  
5 6      Step R to R side (5), 1/8 L transferring weight onto L rolling hips full circle anti-clockwise from L to R (6) (10:30)  
7 8      Step R to R side (7), 1/8 L transferring weight onto L rolling hips full circle anti-clockwise from L to R (8) (9:00)

During Wall 4 & 10 the pace of the music increases: dance the 16 count sequence of the dance in single counts taking out all the "&" counts during wall 4 & 10. The dance slows down notably during the hip roll sections so take your time and roll slowly. This takes a little bit of practice but have fun with it.

**\*TAG 1: At the end of Wall 4 facing (12:00) & Wall 10 facing (6:00) dance the following 8 count tag:**  
**SLOW R JAZZBOX**

- 1234      Cross R over L (LET) (1), HOLD (2) step back on L (ME) (3), HOLD (4)  
5678      Step R to R side (LOVE) (5), HOLD (6), step forward on L (YOU) (7), HOLD (8)  
The tag hits the lyrics "Let - Me - Love - You"

**\*\*TAG 2: At the end of Wall 6 facing (6:00), dance the following 4 count tag:**  
**R JAZZBOX**

- 1 2      Cross R over L (1), step back on L (2)  
3 4      Step R to R side (3), step forward on L (4)

**ENDING: Dance ends after 16 counts of Wall 15 facing (3:00)**

To finish facing (12:00): make ¼ L stepping R to R side (&), point L to L side with arms raised up over head & hands back to back palms facing out (1)

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