Move It Mixer

拍数: 32

级数: Beginner - Circle Mixer

编舞者: Lisa Utz (USA) - June 2023

音乐: I Like to Move It - will.i.am : (from Madagascar 2)

Count In: 48 counts from beginning of track

Intended to be done as a circle mixer dance. Partners will create inner and outer circles facing each other (so inner circle faces out, outer circle faces in). Partners start out directly across from one another. When doing the grapevines, follow the circular line of dance, not squared to a wall. You'll switch partners in the last 4 counts as you walk in going slightly to your left to the person who was next to your previous partner.

[1 – 8] STEP RIGHT, TOUCH ACROSS, STEP LEFT, TOUCH ACROSS, STEP RIGHT, TOUCH ACROSS, STEP LEFT, TOUCH ACROSS

- 1 2 RF to R side (1) Point LF over RF (2)
- 3 4 LF to L side (3) Point RF over LF (4)
- 5 6 RF to R side (5) Point LF over RF (6)
- 7 8 LF to L side (7) Point RF over LF (8)

[9 - 16] RIGHT GRAPEVINE, LEFT GRAPEVINE

- 1-4 Step R to R side (1), step L behind R (2), step R to R side (3), touch L next to R as you clap or double high-five person next to your partner
- 5 8 Step L to L side (5), step R behind L (6), step L to L side (7), touch R next to L as you clap or double high-five your partner

[17 – 24] TRADITIONAL DO-SI-DO

1 - 8 Walk forward starting with RF slightly off to left diagonal. Your partner will pass by your right shoulder, you pass behind each other's backs, and then walk backwards (left shoulders passing) into your original spot. You face the same direction the entire time. Imagine you're drawing a teardrop shape around your partner.

[25 – 32] WALK BACK x3, TOUCH, WALK FORWARD x3, TOUCH AND CHANGE PARTNERS

- 1 4 Step back R (1), Step back L (2), Step back R (3), Touch L next to R (4)
- 5 8 Step fwd L on slight left diagonal (5), Step fwd R still on diagonal (6), Step fwd L still on diagonal (7), Touch R next to L as you meet up with your new partner (8)

Enjoy!

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