

The Older I Get

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
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音乐: The Older I Get - Dj Remix



NO RESTART & TAG

INTRO: 16C

SECTION 1: BASIC NIGHT CLUB (R, L), FORWARD, 1/2 TURN LEFT, WALK, WALK

1 2 & Step RF to R side, Step LF behind RF, Recover on RF
3 4 & Step LF to L side, Step RF behind LF, Recover on LF
5 6 7 8 Step RF forward, 1/2 turn left - Step LF forward, Walk R, L

SECTION 2: REPEAT SECTION 1

MAIN DANCE (32C)

SECTION 1: WALK FORWARD (R, L, R, L), SIDE, POINT, SIDE, POINT

1 2 3 4 Step forward RF, LF, R,F LF
5 6 7 8 Step RF to R side, Point LF cross over RF, Step LF to L side, Point RF cross over LF

SECTION 2: STEP BACK (RF, LF, RF, LF), SIDE, POINT BEHIND, SIDE, POINT BEHIND

1 2 3 4 Step back on RF, LF, RF, LF
5 6 7 8 Step RF to R side, Point LF behind RF, Step LF to L side, Point RF behind LF

SECTION 3: SHUFFLE FORWARD (R, L), ROCKING CHAIR

1 & 2 Step RF forward, Step LF together RF, Step RF forward
3 & 4 Step LF forward, Step RF together LF, Step LF forward
5 6 7 8 Step RF forward, Recover on LF, Step back on RF, Recover on LF

SECTION 4: FORWARD, 1/4 TURN LEFT, CROSS SHUFFLE, FORWARD, RECOVER, COASTER STEP

1 2 3 & 4 Step RF forward, 1/4 turn left-Step LF to L side, Step RF cross over LF, Step LF to L side,
Step RF cross over LF
5 6 7 & 8 Step LF forward, Recover on RF, Step back on LF, Step RF together LF, Step LF forward

HAVE FUN

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