

My Cowboy

拍数: 32 墙数: 2 级数: Beginner
编舞者: Jesús Moreno Vera (ES) & Angeles Mateu (ES) - June 2023
音乐: Whatcha Gonna Do With a Cowboy - Chris LeDoux & Garth Brooks



INTRO: 16 Counts

[1-8] WALK, WALK, SHUFFLE FWD, ROCK RECOVER, SHUFFLE ½

- 1 Turn 1/8 to the right and step forward with your right foot. (1:30)
- 2 Step forward with left foot.
- 3 Step forward with right foot. & - Step with the left foot next to the right.
- 4 Step forward with right foot.
- 5 Rock forward with left foot.
- 6 Recover weight on the right foot.
- 7 Turn ¼ turn to the left and step with your left foot to the left. (10:30) & - Step with the right foot next to the left.
- 8 Turn ¼ turn to the left and step with your left foot to the left. (7:30)

[9-16] WALK, WALK, SHUFFLE FWD, ROCK RECOVER, COASTER STEP

- 1 Step forward with right foot. (7:30)
- 2 Step forward with left foot.
- 3 Step forward with right foot. & - Step with the left foot next to the right.
- 4 Step forward with right foot.
- 5 Rock forward with left foot.
- 6 Recover weight on the right foot.
- 7 Turn ¼ turn to the left and step back with your left foot. (6 o'clock) & - Step with the right foot next to the left.
- 8 Step forward with left foot.

Restart on the fifth wall

[17-24] TOUCH TOE FWD, BACK, COASTER STEP, SHUFFLE ½ BACK, ROCK BACK, RECOVER

- 1 Tip right foot forward.
- 2 Step back with the right foot.
- 3 Step back with the left foot. & - Step with the right foot next to the left.
- 4 Step forward with left foot.
- 5 Turn ¼ turn to the left and step with the right foot to the right. (3:00) & - Step with the left foot next to the right.
- 6 Turn ¼ turn to the left and step back with the right foot. (12:00)
- 7 Rock back with left foot.
- 8 Recover weight on the right foot.

[25-32] SHUFFLE ½, ROCK BACK, RECOVER, KICK BALL CROSS, KICK BALL CROSS

- 1 Turn ¼ turn to the right and step with your left foot to the left. (3:00) & - Step with the right foot next to the left.
- 2 Turn ¼ turn to the right and step back with your left foot. (6 o'clock)
- 3 Rock back with right foot.
- 4 Recover weight on the left foot.
- 5 kick forward with right foot. & - Step with the right foot next to the left.
- 6 Cross the left foot in front of the right.
- 7 kick forward with right foot. & - Step with the right foot next to the left.
- 8 Cross left foot in front of the right.

**RESTART – On the fifth wall dance 16 counts and start over.
On counts 15 & 16, coaster step diagonally**
