

Heart To Break

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Easy Improver
编舞者: Sara Jalkanen (FIN) - June 2023
音乐: Heart to Break - Ryan Griffin : (iTunes etc.)



Intro: 16 counts

Note: There's a simple 4 count TAG at the end of wall 2 (facing 12:00)

S1 – ROCK FORWARD, SHUFFLE ½ TURN, ¼ PIVOT, CROSS ROCK

1-2 Rock RF forward, recover on LF
3&4 Turn ¼ R stepping RF to R side, step LF together, turn ¼ R stepping RF forward (6:00)
5-6 Step LF forward, pivot ¼ R stepping on RF (9:00)
7-8 Rock LF over RF, recover on RF

S2 – SIDE ROCK, CROSS SHUFFLE, ¼ TURN, SIDE, CROSS ROCK

1-2 Rock LF to L side, recover on RF
3&4 Cross LF over RF, step RF to R side, cross LF over RF
5-6 Turn ¼ L stepping RF back, step LF to L side (6:00)
7-8 Rock RF over LF, recover on LF

S3 – SIDE ROCK & SIDE ROCK, SAILOR ¼ TURN, ½ PIVOT

1-2 Rock RF to R side, recover on LF
&3-4 Step RF together, rock LF to L side, recover on RF
5&6 Start ¼ turn L stepping LF behind RF, step RF in place, finish ¼ turn by stepping LF forward (3:00)
7-8 Step RF forward, pivot ½ L stepping on LF (9:00)

S4 – WALK x2, MAMBO STEP WITH SWEEP, WALK BACK x2 WITH SWEEPS, SAILOR ¼ TURN

1-2 Walk forward on RF, walk forward on LF
3&4 Rock RF forward, recover on LF, step RF back sweeping LF from front to back
5-6 Step LF back sweeping RF from front to back, step RF back sweeping LF from front to back
7&8 Start ¼ turn L stepping LF behind RF, step RF in place, finish ¼ turn by stepping LF forward (6:00)

Start again

TAG: at the end of wall 2 (facing 12:00) – ROCKING CHAIR

1-4 Rock RF forward, recover on LF, rock RF back, recover on LF

Optional ENDING: after wall 9, on count 1, step RF forward and turn ½ L to face the front wall