

Lightnin' Strikes

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Chris Jackson (UK) - June 2023
音乐: Lightning Strikes - Lou Christie : (The Very Best Of The MGM Recordings - amazon)



#16-count intro. No tags or restarts.

SECTION 1 – RIGHT LOCK-STEP BRUSH, LEFT LOCK-STEP BRUSH

1-8 Step right forward on right diagonal, lock left behind right, forward right, brush left forward towards left diagonal, forward left, lock right behind left, forward left, brush right across left

SECTION 2 - CROSS, BACK, SIDE, CROSS, BACK, QUARTER, CROSS SHUFFLE

1-6,7&8 Cross right over left, step back left, right to right side, cross left over right, step back right, making a quarter turn left step left to left side, cross right over left, left to left side, cross right over left

SECTION 3 – SIDE TOGETHER, SHUFFLE FORWARDS, SIDE TOGETHER, SHUFFLE BACKWARDS

1,2,3&4,5,6,7&8 Left to left side, right next to left, shuffle forwards L-R-L, right to right side, left next to right, shuffle backwards R-L-R

SECTION 4 – BACK-ROCK, SHUFFLE HALF TURN, SHUFFLE HALF TURN, STEP, BRUSH

1,2,3&4,5&6,7,8 Rock back on left, recover on right, shuffle forwards a half turn right L-R-L, shuffle backwards a half turn right R-L-R, step forward on left, brush right forward (for easier steps 3&4 and 5&6 shuffle forwards L-R-L and R-L-R)

START AGAIN!
