

Favourite Kinda High

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Maggie Gallagher (UK) - June 2023
音乐: favorite kind of high - Kelly Clarkson : (album: Chemistry)



Intro: 16 counts (8 secs)

S1: STEP, ½ PIVOT, WALK, ½, ½ SHUFFLE, STEP, ¼ PIVOT

1-2 Step forward on right, Pivot ½ left [6:00]
3-4 Walk forward on right, ½ right stepping back on left [12:00]
5&6 ½ right stepping forward on right, Step left next to right, Step forward on right [6:00]
7-8 Step forward on left, Pivot ¼ right [9:00]

S2: CROSS, SIDE ROCK, & SIDE ROCK, CROSS, SIDE ROCK CROSS

1-2-3 Cross left over right, Rock right to right side, Recover on left
&4-5 Step right next to left, Rock left to left side, Recover on right
6 Cross left over right
7&8 Rock right to right side, Recover on left, Cross right over left [9:00]

S3: WALK BACK, WALK BACK, ½ SHUFFLE, STEP, ½ PIVOT, KICK BALL STEP

1-2 Walk back on left, Walk back on right
3&4 ¼ left stepping left to left side, Close right next to left, ¼ left stepping forward on left [3:00]
5-6 Step forward on right, Pivot ½ left [9:00]
7&8 Kick right forward, Step down on right next to left, Step forward on left

S4: WALK, SWEEP, WALK, SWEEP, CROSS, ¼ BACK, BALL CROSS

1-2 Walk forward on right, Ronde sweep left from back to front
3-4 Walk forward on left, Ronde sweep right from back to front
5 Cross right over left
6&7 ¼ right stepping back on left, Step right next to left, Cross left over right [12:00]

S5: CHASSE R, CROSS ROCK, ¼ CHASSE L, STEP, ½ PIVOT

8&1 Step right to right side, Close left next to right, Step right to right side
2-3 Cross rock left over right, Recover on right
4&5 Step left to left side (*R), Close right next to left, ¼ left stepping forward on left [9:00]
6-7 Step forward on right, Pivot ½ left [3:00]

S6: STEP LOCK STEP, HOLD, & ROCK, RECOVER, BACK, ½, WALK

8&1 Step forward on right, Lock left behind right, Step forward on right
2 HOLD
&3-4 Step on left next to right, Rock forward on right, Recover on left

Styling option: Forward body roll on counts 3,4

5-6-7 Step back on right, ½ left stepping forward on left, Walk forward on right [9:00]

S7: L MAMBO, BACK, ¼ SWIVEL, ¼ SWIVEL, KICK BALL CHANGE, STEP, ¼ PIVOT

8&1 Rock forward on left, Recover on right, Step slightly back on left
2 Step back on right
3-4 Swivel ¼ right twisting heels to left, Swivel ¼ left twisting heels right to centre (weight ending on left) [9:00]
5&6 Kick right forward, Step down on right next to left, Step slightly forward on left
7-8 Step forward on right, Pivot ¼ left [6:00]

S8: CROSS SAMBA, CROSS SAMBA, R ROCKING CHAIR

1&2	Cross right over left, Rock left to left side, Recover on right
3&4	Cross left over right, Rock right to right side, Recover on left
5-6	Rock forward on right, Recover on left
7-8	Rock back on right, Recover on left [6:00]

***RESTART:** Dance 36 counts of Wall 2, then restart the dance from the beginning facing [6:00]

ENDING: The dance finishes during Wall 6. Dance 32& counts, then step right to right side on count 33, raising both arms up on the word 'high' [12:00]

Thank you to Margaret Hains for suggesting this track

Maggie Gallagher - +44 7950291350

www.facebook.com/maggiegchoreographer - www.maggieg.co.uk
