Fight Song

拍数: 48

级数: Advanced

编舞者: Hiroko Carlsson (AUS) - July 2023

音乐: Fight Song - Rachel Platten : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information.

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(Dance starts on the word "Boat")

[S1] Back w/ Sweep, Behind-Side-Cross Rock-Side Rock, Back, Sweep, Behind-Side-Cross Rock-1/4L-1/4L

- 1 2& Step back on L sweeping R around, Step R behind L, Step L to the side
- 3&4& Rock R over L, Replace weight on L, Rock R to the side, Replace weight on L
- 5 6& Step back on R sweeping L around, Step L behind R, Step R to the side
- 7& Rock L over R, Replace weight on R
- 8& Make a ¼ turn left stepping forward on L (3:00), Make a ¼ turn left stepping back on R (6:00)

[S2] Back Rock w/ sit Back, Recover-&-Fwd w/ Sweep, Cross-Side-Back w/ Sweep, Behidn-Side-Cross-1/4R-1/4R-

- 1 2& Rock/sit back on L, Step forward on R, Step L together
- 3 4& Step forward on R sweeping L around, Cross L over R, Step R to the side
- 5 6& Step back on L sweeping R around, Step R behind L, Step L to the side
- 7&8 Cross R over L, Make a ¼ turn right stepping back on L (9:00), Make a ¼ turn right stepping forward on R (12:00) -Make a further 3/8 turn right on ball of R foot (4:30) ready for Back-Lock-Back

[S3] -3/8R Back-Lock-Back w/ Hitch 1/4R, Back-Lock-Back w/ Hitch 1/4L, Back-Lock-Back, 1/8R Coaster Step-Fwd

- 1&2 Facing 4:30- Step back on L, Lock R over L, Step back on L making a ¼ turn right slightly hitching R knee to the side (7:30)
- 3&4 Step back on R, Lock L over R, Step back on R making a ¼ turn left slightly hitching L knee to the side (4:30)

- Restart here on Wall 5 (3:00)- see below explanations

- 5&6 Step back on L, Lock R over L, Step back on L making a 1/8 turn right square up to 6:00
- 7&8& Facing 6:00- Step back on R, Step L next to R, Step forward on R, Step forward on L

[S4] Step-Pivot 1/2L, Chase Turn 1/2L-Fwd Rock, 1/4R, Chase Turn 1/2R-Fwd Rock

- 1 2 Step forward on R, Make a ½ turn left recover weight on L (12:00)
- 3& Step forward on R, Make a ½ turn left recover weight on L (6:00)
- 4 5 Step/rock forward on R, Replace weight on L
- 6 7& Make a ¼ turn right stepping forward on R (9:00), Step forward on L, Make a ½ turn right recover weight on R (3:00)
- 8& Rock forward on L, Replace weight on R

Restart and Tag here on Wall 2 and Wall 4 and Wall 6 and Wall 7- see below explanations.

[S5] Back-1/4R-Cross, Side Rock-Cross-Side, Monterey 1/4R Turn, Fwd Rock-Together

- 1&2 Step back on L, Make a ¼ turn right stepping R to the side (6:00), Cross L over R
- 3&4& Rock R to the side, Replace weight on L, Cross R over L, Step L to the side
- 5&6& Point R to the side, Make a ¼ turn right stepping L close (9:00), Point L to the side, Step L next to R
- 7 8& Rock forward on R, Replace weight on L, Step R next to L

[S6] Back-1/4R-Cross, Side Rock Turn 1/4L-1/2L-Back, Back Rock, Fwd Mambo

1&2 Step back on L, Make a ¼ turn right stepping R to the side (12:00), Cross L over R

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- 3&4& Rock R to the side, Replace weight on L making a ¼ turn left (9:00), Make a ½ turn left stepping back on R (3:00), Step back on L
- 5 6 Rock back on R, Replace weight on L
- 7&8 Rock forward on R, Replace weight on L, Step R together

#1st Restart + "12 counts Tag" on Wall 2 count 32 (6:00)

[S1] Back w/ Sweep, Behind-Side-Fwd-Cross-Side-Back, Back Rock-1/4L, Reverse Rocking Chair

- 1 2& Step back on L sweeping R around, Step R behind L, Step L to the side
- 3&4& Step forward on R, Cross L over R, Step R to the side, Step back on L
- 5 6& Rock back on R, Replace weight on L, Make a ¼ turn left stepping back on R (3:00)
- 7&8& Rock back on L, Replace weight on R, Rock forward on L, Replace weight on R

[S2] Back Rock, Step-Pivot 1/4R

- 1 2 Rock back on L, Replace weight on R
- 3 4 Step forward on L, Make a ¼ turn right recover weight on R (6:00)

#2nd Restart + "8 counts Tag" on Wall 4 count 32 (12:00) -Same as count 1 to 8& of the 1st tag

- [S1] Back w/ Sweep, Behind-Side-Fwd-Cross-Side-Back, Back Rock-1/4L, Reverse Rocking Chair
- 1 2& Step back on L sweeping R around, Step R behind L, Step L to the side
- 3&4& Step forward on R, Cross L over R, Step R to the side, Step back on L
- 5 6& Rock back on R, Replace weight on L, Make a ¼ turn left stepping back on R (9:00)
- 7&8& Rock back on L, Replace weight on R, Rock forward on L, Replace weight on R

#3rd Restart on Wall 5 count 20 (3:00) – Dance up to S3 count 4 making a 1/8L turn instead of ¼ turn (square up to 3:00 o'clock)

#4th Restart + "4 counts Tag" on Wall 6 count 32 (6:00)

1 2 3 4 Touch L next to R and hold for 3 counts (6:00), starts wall 7 on the word "fight".

#5th Restart + "8 counts Tag" on Wall 7 count 32 (9:00) -Same as the 2nd tag

[S1] Back w/ Sweep, Behind-Side-Fwd-Cross-Side-Back, Back Rock-1/4L, Reverse Rocking Chair

- 1 2& Step back on L sweeping R around, Step R behind L, Step L to the side
- 3&4& Step forward on R, Cross L over R, Step R to the side, Step back on L
- 5 6& Rock back on R, Replace weight on L, Make a ¼ turn left stepping back on R (6:00)
- 7&8& Rock back on L, Replace weight on R, Rock forward on L, Replace weight on R

The last wall is Wall 9 starting 6:00 o'clock. Dance up to count 8& (12:00).

(updated: 5/July/23)