

Mm Mm Mm

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Liz Atkinson (USA) - July 2023
音乐: Straight From The Heart (feat. Nørskov) - Rudimental



#36 count introduction - NO Tags or Restarts

S1: VINE R, LF ROCKING CHAIR

1, 2 [1]Step RF to R side, [2]step LF behind RF
3, 4 [3]Step RF to R side, [4]touch LF beside RF
5, 6 [5]Rock LF fwd, [6]recover RF
7, 8 [7]Rock LF back, [8]recover RF (12:00)

S2: VINE L, RF ROCKING CHAIR

1, 2 [1]Step LF to L side, [2]step RF behind LF
3, 4 [3] Step LF to L side, [4]touch RF beside LF
5, 6 [5]Rock RF fwd, [6]recover LF
7, 8 [7]Rock RF back, [8] recover LF (12:00)

S3: R STEP, TOUCH, POINT OUT, TOUCH IN, L STEP, TOUCH, POINT OUT, TOUCH IN

1, 2 [1]Step RF to fwd-R diagonal, [2]touch LF beside RF
3, 4 [3]Point LF out to L side, [4] touch LF beside RF
5, 6 [5]Step LF to fwd-L diagonal, [6]touch RF beside LF
7, 8 [7]Point RF out to R side, [8] touch RF beside LF (12:00)

S4: BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, 1/4L, TOUCH

1, 2 [1]Step RF back, [2]touch LF beside RF
3, 4 [3]Step LF back, [4]touch RF beside LF
5, 6 [5]Step RF back, [6]touch LF beside RF
7, 8 [7]1/4L stepping LF to L side (9:00), [8]touch RF beside LF (9:00)

Contact: info@LizAtkinsonDance.com Asheville, NC, USA