

Mom Sayings (媽媽說)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Sally Hung (TW) - July 2023
音乐: 海来阿木 - 妈妈说 (DJ默涵版) Mẹ Nói (Remix Tiktok)



Intro: 32 counts

Tag1 (4 counts)

1-2-3-4 Slow sway to R for 2 counts, Slow sway to L for 2 counts

Tag2 (8 counts)

1-4 Slow sway to R for 2 counts, Slow sway to L for 2 counts

5-8 Rock R fwd, Recover onto L, Rock back on R, Recover onto L

MAIN DANCE (32 COUNTS)

S1. TOE STRUTS (R,L), JAZZ BOX W/ BRUSH

1-4 R toe fwd, Drop R heel, L toe fwd, Drop L heel

5-8 Cross R over L, Step back on L, Step R to R side, Brush L fwd

S2. SIDE - BEHIND TOUCH (L,R), SIDE ROCK X3, HITCH W/ 1/4 TURN L

1-4 Step L to L side, Touch R behind L, Step R to R side, Touch L behind R

5-8 Rock L to L side, Rock R to R side, Rock L to L side, Hitch R with 1/4 turn L

S3. ROCKING CHAIR, CROSS-POINT X2

1-4 Rock R fwd, Recover onto L, Recover back on R, Recover onto L

5-8 Cross R over L, Point L to L side, Cross L over R, Point R to R side

S4. DIAGONAL FWD, TOUCH, DIAGONAL BACK, TOUCH, V STEP

1-4 Step R to R diagonal fwd, Touch L beside R, Step L to L diagonal back, Touch R beside L

5-8 Step R out to R diagonal fwd, Step L out to L diagonal fwd, Step R back to center, Step L next to R

Enjoy!

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