My Kinda Cowboy

拍数: 32

级数: Beginner

编舞者: Trish Foster (AUS) - July 2023

音乐: My Kinda Cowboy - Abbie Ferris

或: Bette Davis Eyes - Jackie DeShannon

Intro: 16 Counts (Starts on the word 'Feel') No Tags, No Restarts

SECTION 1 R Forward Lock, Step Lock Step, Left Rocking Chair

- 1,2,3&4 Step forward on R, Lock step Left behind R, Step forward R, Lock step L behind R, Step forward on R.
- Rock Forward on L, Recover on R, Rock back on L, Recover on R 5,6,7,8

SECTION 2 Step ¼ Turn, Cross Shuffle, ¼ Monteray Turn

- Step forward on L, Turn ¼ R, Cross L over R, Step R to R side, Cross L over R 1,2,3&4
- 5,6,7,8 Touch R to Right side, Pivot ¼ Right on Ball of L, Step R next to L, Step L to Left Side, Step L next to R

SECTION 3 ¼ (R) Shuffle, ½ turn Back Shuffle, Back Shuffle, Rock Recover

- 1&2,3&4 Step ¼ forward on R, Step L next to R, Step R forward, Sweep ½ L Back with L, Step R next to L, Step back on L
- 5&6.7.8 Step back on R, Step L next to R, Step R back. Rock back on L, Recover on R

SECTION 4 Walk, Walk, Forward Shuffle, Pivot 1/4 turn x 2

- 1,2,3&4 Step L, Step R, Step L forward, Step R next to L, Step L forward
- 5,6,7,8 Step R Forward, Pivot 1/4 Left x 2

OPTIONAL TURNS - SECTION 4 COUNTS 1,2,3&4

Walk forward on L, 1/2 Left sweeping back on R, 1/2 L sweeping forward on L, Step R next to L, Step forward on L

FINISH DANCE - Pivot 1/4 turn, Pivot 1/2 turn

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Last Update: 21 Aug 2023





墙数:4