Black Is Black Reggae Cha Cha

级数: Easy Intermediate

编舞者: Penny Tan (MY) - July 2023

音乐: Black Is Black (Reggae Cha Cha) - Helena Cinto Cover ft DJ John Paul

Start Intro Dance after 8C *1 Tag / 2 Restart **Tag (4C) after bridge - facing 12:00 ***Bridge (16C) at the end of W6 ****Restart on W3 & W5 after 32C, both facing 6:00

Tag (4C) : V Step

拍数: 56

1-4

Step RF diagonally to R, step LF diagonally to L, step RF back to center, step LF next to RF

Intro Dance (32C x2) also as Ending

iSEC1:SIDE TOGETHER, **SIDE TOUCH** (R-L)

- Step RF to R, step LF next to RF, step RF to R, touch LF next to RF 1-4
- 5-8 Step LF to L ,step RF to LF ,step LF to L,touch RF next to LF

iSEC2:SIDE ROCK, RECOVER, PIVOT 1/4 TURN L , PIVOT 1/8 TURN L , PIVOT 1/8 TURN L

- 1-2 Step RF to R, recover on L
- 3-4 Step RF fwd, 1/4 turn L ,recover on L (9:00)
- 5-6 Step RF fwd, 1/8 turn L , recover on L
- 7-8 Step RF fwd, 1/8 turn L, recover on L (6:00)

iSEC3:FWD SHUFFLE (R-L), FWD ½ TURN L WALK WALK

- Fwd shuffle R-L-R 1&2
- 3&4 Fwd shuffle L-R-L
- 5-6 Step RF fwd, 1/2 turn L, recover on L
- Walk fwd R, walk fwd L 7-8

iSEC4:FWD TOE STRUC (R-L), MONTEREY

- 1-2 Tap RF toe fwd with hips bump, step RF back next to LF
- 3-4 Tap L toe fwd with hips bump ,step LF back next to RF
- 5-8 Point RF to R, step RF next to LF, point LF to L, step LF next to RF

MAIN DANCE (56C)

SEC1: BASIC CHA CHA (R-L)

- 1-2 Step RF fwd ,recover on L
- 3&4 Fwd shuffle R-L-R (or lock step)
- 5-6 Step LF back ,recover on R
- 7&8 Fwd shuffle L-R-L (or lock step)

SEC2:WALK FWD R-L ,FWD SHUFFLE , PIVOT ¼ TURN R CROSS SHUFFLE

- 1-2 Walk fwd R, walk fwd L
- 3&4 Fwd shuffle R-L-R
- Step LF fwd ,1/4 turn R ,recover RF on R (3:00) 5-6
- Cross LF over RF, step RF to R, cross LF over RF 7&8

SEC3:STEP WITH SWAY R-L, SIDE CHASSE, ROCKING CHAIR

- 1-2 Step RF to R with sway R, step LF on L with sway L
- 3&4 Step RF to R step LF next to RF , step RF to R
- 5-8 Step LF fwd , recover on R , step LF back, recover on R





墙数: 2

SEC4:MONTEREY 1/4 TURN R , HEEL SWIVELS

- 1-4 Point LF to L, step LF next to RF, point RF to R, 1/4 turn R, step RF next to LF (6:00)
- 5-6 Swivel both heels to R , swivel both heels to L
- 7-8 Swivel both heels to R, swivel both heels back to center (weight on L)

*Restart here on W3 & W7

SEC5:PIVOT 1/2 TURN L (x2), V STEP

- 1-2 Step RF fwd , ¹/₂ turn L , recover on L (12:00)
- 3-4 Step RF fwd , ¹/₂ turn L ,recover on L (6:00)
- 5-6 Step RF diagonally to R , step LF diagonally to L
- 7-8 Step RF back to center ,step LF next to RF

SEC6:1/4 TURN R CROSS TOUCH ,CROSS TOUCH (x2)

- 1-4 ¼ turn R , cross RF over LF , touch LF to L , cross LF over RF , touch RF to R (9:00)
- 5-8 1/4 turn R, cross RF over LF, touch LF to L, cross LF over RF, touch RF to R (12:00)

SEC7:WALK BACK , ½ TURN R FWD SHUFFLE (R-L)

- 1-4 Walk back R-L-R-L
- 5&6 ¹/₂ turn R , fwd shuffle R-L-R
- 7&8 Fwd shuffle L-R-L

Note: Bridge, dance the Sec6 & Sec7, add Tag and dance the Ending

Have fun and happy dancing!

Last Update: 27 Jul 2023