Find The Beat (WDM23)

COPPER KNOE

拍数: 32

墙数:4

级数: Intermediate

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音乐: All Eyes On Me - Skinny Beats			
Intro 16 cou	ints		
Kick Out-Ou	ut, Knee In-Out, Cross Samba x2,		
1&2	Kick R forward (1), Step R back (&), Step L back (2), 12'00'		
3-4	Pop R knee in (3), as you come back to your initial position, your body face diagonal at 1'30 (4),	now the R	
5&6	Cross L over R (5), Rock R to R (&), Recover on L facing the L diagonal fac	cing 10'30 (6)	
7&8	Cross R over L (7), Rock L to L (&), Recover on R facing the R diagonal fac	cing 1'30. (8)	
•	, Back Sweep, Behind Side Cross, Step Pivot 1/4L, Step Pivot 3/8L		
&1-2	Step L forward (&), Touch R behind L (1), Step R back and sweep L (2),		
3&4	Cross L behind R, Step R to R (&), Cross L over R (4)		
5-6	Step R forward (5), Turn 1/4 L onto L (6) 10'30'		
7-8	Step R forward (7), Turn 3/8 L onto L (8) 6'00'		
	ch time you step forward on R you push your hips L and back (5), when turning oll hips to the R and forward (6), repeat for count 7-8		
Out-Out, Lo	ook L, Hip roll, Ball Cross, Side, Sailor Step 1/4 R		
&1-2	Step R out (&), Step L out (1), Look over your L shoulder (2)		
3-4	Roll your hips and shoulders (3-4) you end up with your weight on R		
	e on wall 3 and 7 facing 12', keep your weight on L to kick R forward		
&5-6	Step L next to R (&), Cross R over L (5), Step L to L (6)		
7&8	Cross R behind L (7), 1/4R Step L next R (&), Step R forward (8) 9'00'		
	Shuffle, Rock, Recover and Touch and Touch		
1-2	Walk L (1), Walk R (2),		
3&4	Step L forward (3), Step R next L (&), Step L forward (4)		
5-6	Rock R forward (5), Recover (6)		
&7&8	Step R back (&), Touch L forward (7), Step L back (&), Touch R forward (8)		
	^r wall 4 facing 9'00 ^r Step, Lock, Volta 3/4L, Woo		
1-2&3	Step R to R (1), Cross L behind R (2), Step R to R (&), Step L to L (3)		
4	Lock R behind L and pop L knee (4)		
5&6&7	Making an 1/4 L, Step L forward (5), Step R behind L (&), Making an 1/4 L, (6), Step R behind L (&), Making a 1/4 L, Step L forward (7)	Step L forward	
8	Shout « Wooo » as loud as you can (8)		
Smile and s	start the dance again !		

